

New Hampshire Department of Health and Human Services

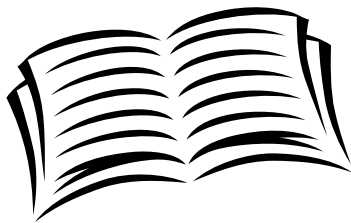
Division of Community Based Care Services

Bureau of Elderly and Adult Services

Lending Library

Featuring:

Books, Videos, Guides and Associated Literature



Available on loan to:

Healthcare & Human Service Workers
Consumers & Family Caregivers
Educators – Students
Employers - Professionals
General Public

Hours and Location:

Monday thru Friday
8:00AM – 4:00PM
(closed on State Holidays)

State Office Park South
129 Pleasant St.
Brown Building
Concord, NH 03301-3843

For Information Call:

(800) 351-1888 or
(603) 271-4680

User Information

The New Hampshire Bureau of Elderly and Adult Services (BEAS) maintains a library of books, videotapes, guides and associated literature related to issues of aging, disability, disease and caregiving. To assure the maximum distribution and security of this collection, the Bureau maintains the following guidelines:

- Reading and viewing of library materials is available by appointment during regular business hours. (8:00AM – 4:00PM)
- Reservations for materials are on a first come first serve basis. To assure your requested materials will be available when you need them, reserve materials at least three weeks in advance.
- Borrowers of videotapes agree to protect the tapes from damage and not to charge any fee associated with viewing the tapes.
- Tapes must be returned to the Bureau within ten (10) days, books and other materials must be returned within fourteen (14) days of the date that they are mailed out or borrowed from BEAS.
- The borrower will incur the costs of returning materials through the mail. All video tapes must be insured for \$300.00
- The borrower will be charged the replacement cost for any materials not returned within sixty (60) days of loan date.
- Failure to honor these guidelines may result in suspension of borrowing privileges.

Revised 9/28/05

Lending Library – Video Topics

01 Alzheimer's Disease and Related Dementias

1. You Are Not Alone
2. Between Life and Death
3. Living with Grace 1985
4. Caregiving Grace update 1987
- 4A. Grace
5. Managing Problem Behaviors of Alzheimer's Patients
6. Managing Medical and Ethical Problems of Alzheimer's
7. Caring
8. Do You Remember Love?
9. There Were Times Dear
10. I Hope Its Not Alzheimer's
11. Helping People with Dementia in Activities of Daily Living
12. Designing the Physical Environment for Persons with Dementia
13. Wesley Hall
14. Caring-Sharing
17. Medications and Dementia
18. Special Caring: Managing the Person with Alzheimer's Disease
19. Nursing Management for Demented Patients
20. Understanding and Coping with Dementia
21. Working with the Confused Elderly
22. Communicating with the Cognitively Impaired
23. Respite Care
24. What About Mom and Dad
25. Sharing the Caring II: Activities for Alzheimer's Individuals
26. Alzheimer's Teleconference 1989
28. Alzheimer's 101: The basics of Caregiving
29. Police Training to Interact with Dementia Citizens
30. Managing Problem Behaviors
31. My Mother My Father
32. My First 100 Years
33. Alzheimer's Disease
34. Coping with Caring
36. Tangled Memories Stolen Mind
37. Pieces of the Puzzle
38. Understanding and Coping with Dementia
39. Dealing with Alzheimer's Disease: A common Sense Approach to Communication
42. Orientation to Alzheimer's Disease
45. Orientation to Alzheimer's: Leading a Support Group
47. Joan Whitcomb: Music Therapy

43. Leading a Successful Support Group
44. The Caregivers Series
47. Joan Whitcomb: Music Therapy
49. "A Day in the Life of Nancy Morse"
50. Losing It All - The Reality of Alzheimer's Disease
51. Detecting Dementia, Cognitive Assessment by the Home Health Care Professional
52. "Just for the Summer"
53. Transporting the Alzheimer's Patient
54. Thicker than Water
55. Interviewing and Assessment Techniques for Social Workers: Alzheimer's Disease
56. Help for Families of Alzheimer's Disease Patient: Family Support Groups
57. Opportunities for Social Workers in the Hospital Setting: Assisting Families of Patients with Alzheimer's Disease
58. Best Friends
59. Making Difficult Decisions
60. Creative Interventions with the Alzheimer's Patient
61. Before the Going Gets Rough
62. After the Going Gets Rough
63. Even These May Forget: Pastoral Care Challenge
64. Emergency Care for the Elderly
65. Managing and Understanding Behavior Problems in AD and Related Disorders
66. Caring for the Cognitively Impaired Adult
- 66A. Caring for the Cognitively Impaired
- 66B. Cognitive Assessment
- 66C. Biomedical Aspects of Aging
- 66D Reminiscence Therapy
67. Nurse's Aides: Making a Difference
68. Giving Care/Taking Care
69. The Mental Status Exam of the Demented Adult
72. The Tie That Binds
73. Adult day Program Marketing Series
74. A Part of Daily Life
75. The Nursing Home Mental Health Series
76. AD – A Multi-Cultural Perspective
77. Living with Alzheimer's
78. Caring for an Aging Society Series – Hospital Satellite Network
84. Complaints of a Dutiful Daughter
85. Dementia: Putting Together the Pieces of the Puzzle
88. Alzheimer's: Effects on Patients and Their Families
89. Home Care for People with Alzheimer's Disease:
Communication, Activities of Daily Living and Home safety
91. Sorting out the Clues
92. Speaking for Them
95. Alzheimer's in the Religious Community
96. My Challenge with Alzheimer's
97. Understanding and Coping with Dementia

- 98. Alzheimer's: Making the Connection
- 100. Communicating with the Alzheimer's Type Population: the Validation Method
- 101. The More We Get Together
- 103. Solving Bathing Problems in Persons with Alzheimer's Disease and Related Dementias
- 104. Compassionate Touch
- 107. In the Moment
- 138. Training Manual and Video for Dementia Care Specialists
- 139. Hello in There: Understanding the Success of Person Centered Care
- 145. Helping People with Dementia in Activities of Daily Living
- 149. April 17th. Annual State Alzheimer's Disease Conference
- 157. Recognizing and Responding to Emotion in Persons with Dementia
- 158. Someone I Love Has Alzheimer's Disease
- 160. In and Out of Time
- 161. Hi Buddy
- 165. In This Very Room
- 166. Alzheimer's Disease: Natural Feeding Techniques
- 177. Dementia: The Power of Nutrition in Caregiving

02 Advocacy

- 146. The Power of the Elderly
- 147. Mrs. Dorothy Peterson: A Case Study
- 150. In Your Hands: the Tools for Preserving Personal Autonomy
- 180. The Family Caregiver Video
- 186. The First Annual NH Conference in Aging – 2001 – (7) tapes total, refer to general listing
- 189. Personal Assistance...A Choice for Independence

03 Aging

- 16. Weekend
- 15. Peege
- 24. What About Mom and Dad
- 27. You Can't Afford to Grow Old
- 31. My Mother My Father
- 32. My First 100 Years
- 34. Coping with Caring
- 40. Better Living for Seniors Homemaker Service
- 82. A Road Map to Home and Community Services for People Who Need Long Term Care
- 93. Communications and Therapeutic Choices in Depression: Managing Depression in the Elderly
- 94. Communications and Therapeutic Choices in Depression:
Managing Depression with Symptoms of Anxiety
- 105. Changing Needs, Changing Homes: Adapting Your Home to Fit You
- 106. What Shall We Do About Mom and Dad?
- 109. When People With Disabilities Age
- 113. Sexuality and Aging

- 114. Tonight's the Night
- 115. The Sixth Sense: Understanding Sensory Changes and Aging
- 116. Aging Parents
- 117. Parent Our Parents
- 118. Home Care
- 120. Aging Well
- 124. Depression and the Elderly
- 129. The Forgotten Tenth
- 135. A Safer Place
- 137. Is It Time For a Heart To Heart?
- 146. The Power of the Elderly
- 153. Head over Heels
- 159. Depression in Older Adults- The Right to Feel Better
- 176. The Brain Risk of, Understanding and Preventing Stroke
- 179. There' No Place Like Home
- 186. The First Annual NH Conference in Aging – 2001 – (7) tapes total, refer to general listing

04 Caregiving

- 1. You Are Not Alone
- 3. Living with Grace 1985
- 4. Caregiving Grace update 1987
- 4A.Grace
- 5. Managing Problem Behaviors of Alzheimer's Patients
- 7. Caring
- 8.Do You Remember Love?
- 9. There Were Times Dear
- 10. I Hope Its Not Alzheimer's
- 11. Helping People with Dementia in Activities of Daily Living
- 12. Designing the Physical Environment for Persons with Dementia
- 13. Wesley Hall
- 14. Caring-Sharing
- 15. Peege
- 18. Special Caring: Managing the Person with Alzheimer's Disease
- 19. Nursing Management for Demented Patients
- 20. Understanding and Coping with Dementia
- 21. Working with the Confused Elderly
- 22. Communicating with the Cognitively Impaired
- 23. Respite Care
- 24. What About Mom and Dad
- 25. Sharing the Caring II: Activities for Alzheimer's Individuals
- 26. Alzheimer's Teleconference 1989
- 28. Alzheimer's 101: The basics of Caregiving
- 29. Police Training to Interact with Dementia Citizens
- 30. Managing Problem Behaviors

31. My Mother My Father
33. Alzheimer's Disease
34. Coping with Caring
36. Tangled Memories Stolen Mind
37. Pieces of the Puzzle
39. Dealing with Alzheimer's Disease: A common Sense Approach to Communication
40. Better Living for Seniors Homemaker Service
43. Leading a Successful Support Group
44. The Caregivers Series
45. Orientation to Alzheimer's: Leading a Support Group
47. Joan Whitcomb: Music Therapy
49. "A Day in the Life of Nancy Morse"
50. Losing It All - The Reality of Alzheimer's Disease
52. "Just for the Summer"
53. Transporting the Alzheimer's Patient
54. Thicker than Water
55. Interviewing and Assessment Techniques for Social Workers: Alzheimer's Disease
56. Help for Families of Alzheimer's Disease Patient: Family Support Groups
57. Opportunities for Social Workers in the Hospital Setting: Assisting Families of Patients with Alzheimer's Disease
59. Making Difficult Decisions
60. Creative Interventions with the Alzheimer's Patient
61. Before the Going Gets Rough
62. After the Going Gets Rough
63. Eve These May Forget: Pastoral Care Challenge
64. Emergency Care for the Elderly
65. Managing and Understanding Behavior Problems in AD and Related Disorders
66. Caring for the Cognitively Impaired Adult
- 66A. Caring for the Cognitively Impaired
- 66D Reminiscence Therapy
- 66E. Case Management
67. Nurse's Aides: Making a Difference
68. Giving Care/Taking Care
71. You're Not Alone
72. The Tie That Binds
73. Adult day Program Marketing Series
74. A Part of Daily Life
75. The Nursing Home Mental Health Series
76. AD – A Multi-Cultural Perspective
77. Living with Alzheimer's
78. Caring for an Aging Society Series – Hospital Satellite Network
81. Nanny's Birthday (You're not Sick, You've Only Got Huntington's Disease)
83. Working it Out: Support Groups for Nurses Aids
84. Complaints of a Dutiful Daughter
85. Dementia: Putting Together the Pieces of the Puzzle
86. Parkinson's Disease

88. Alzheimer's: Effects on Patients and Their Families
89. Home Care for People with Alzheimer's Disease:
Communication, Activities of Daily Living and Home Safety
95. Alzheimer's in the Religious Community
96. My Challenge with Alzheimer's
97. Understanding and Coping with Dementia
98. Alzheimer's: Making the Connection
99. Making it Work: Caring for Persons with HIV/AIDS
100. Communicating with the Alzheimer's Type Population: the Validation Method
101. The More We Get Together
102. Focus on Caregivers
103. Solving Bathing Problems in Persons with Alzheimer's Disease and Related Dementias
104. Compassionate Touch
107. In the Moment
110. Incident Report
112. A Choice among Risks: Physical Restraints Rejected
117. Parent Our Parents
118. Home Care
122. Infection Risks in the Long Term Care Facility
123. In Your Hands
125. Living with Grief: Personally and Professionally
128. Living With Grief: When Illness is Prolonged
131. Making It Work
134. Granny Dumping
135. A Safer Place
138. Training Manual and Video for Dementia Care Specialists
139. Hello in There: Understanding the Success of Person Centered Care
143. More than Movement
144. A Care Guide for the Confused Resident
145. Helping People with Dementia in Activities of Daily Living
152. Home Care: Coping with Change
155. A Prescription for Caregivers
157. Recognizing and Responding to Emotion in Persons with Dementia
158. Someone I Love Has Alzheimer's Disease
162. How to Have a Meaningful Visit with Your Loved Ones in a Nursing Facility
165. In This Very Room
166. Alzheimer's Disease: Natural Feeding Techniques
167. Choice and Challenge: Caring for Aggressive Older Adults across Levels of Care
168. Living with Grief: Who Are We, How We Grieve
174. The Hidden Danger: Hepatitis B (healthcare version)
177. Dementia: The Power of Nutrition in Caregiving
178. Dealing with Physical Aggression in Caregiving:
Physical and Non-Physical Interventions
180. The Family caregiver Video
183. Growing Up & Growing Old: Caring for our parents
186. The First Annual NH Conference in Aging – 2001 – (7) tapes total, refer to general

listing

05 Developmentally Disabled

- 161. Hi Buddy
- 185. Enable

06 Diversity/Minorities

- 71. You're Not Alone
- 76. AD – A Multi-Cultural Perspective

07 Employment/Education

- 189. Personal Assistance...A Choice for Independence

08 End-of-Life/Hospice

- 20. Understanding and Coping with Dementia
- 38. Understanding and Coping with Dementia
- 41. On Your Behalf-What You Should Know About
- 59. Making Difficult Decisions
- 61. Before the Going Gets Rough
- 68. Giving Care/Taking Care
- 70. Growing Old in a New Age
- 71. You're Not Alone
- 77. Living with Alzheimer's
- 80. Part A: The Right to Decide - Life Support for the Aged
- 80. Part B: Life Support Decisions – A Guide to Self-Determination
- 82. A Road Map to Home and Community Services for People Who Need Long Term Care
- 97. Understanding and Coping with Dementia
- 102. Focus on Caregivers
- 111. Living Wills
- 116. Aging Parents
- 119. Letting Go...A Hospice Journey
- 125. Living with Grief: Personally and Professionally
- 126. Living with Grief: Children Mourning
- 127. Living with Grief: Sudden Loss
- 128. Living With Grief: When Illness is Prolonged
- 136. At a Loss: Death, Grief and Hope
- 168. Living with Grief: Who Are We, How We Grieve

09 HIV/AIDS

- 99. Making it Work: Caring for Persons with HIV/AIDS
- 129. The Forgotten Tenth
- 130. Aids Research: The Story So Far
- 131. Making it Work
- 132. The Los Altos Story
- 140. AIDS: Investigations in Microbiology
- 184. Living With HIV

10 Housing

- 1. You Are Not Alone
- 12. Designing the Physical Environment for Persons with Dementia
- 13. Wesley Hall
- 27. You Can't Afford to Grow Old
- 68. Giving Care/Taking Care
- 73. Adult day Program Marketing Series
- 74. A Part of Daily Life
- 105. Changing Needs, Changing Homes: Adapting Your Home to Fit You
- 116. Aging Parents
- 118. Home Care
- 146. The Power of the Elderly
- 179. There' No Place Like Home

11 Illness/Disease

- 2. Between Life and Death
- 5. Managing Problem Behaviors of Alzheimer's Patients
- 10. I Hope Its Not Alzheimer's
- 17. Medications and Dementia
- 20. Understanding and Coping with Dementia
- 34. Coping with Caring
- 36. Tangled Memories Stolen Mind
- 38. Understanding and Coping with Dementia
- 42. Orientation to Alzheimer's Disease
- 48. 20/20 On Drug Therapy for Alzheimer's Disease
- 50. Losing It All - The Reality of Alzheimer's Disease
- 51. Detecting Dementia, Cognitive Assessment by the Home Health Care Professional
- 64. Emergency Care for the Elderly
- 66B. Cognitive Assessment
- 66C. Biomedical Aspects of Aging
- 69. The Mental Status Exam of the Demented Adult
- 78. Caring for an Aging Society Series – Hospital Satellite Network
- 79. The Second Symposium of the Society for Progressive Supranuclear Palsy
- 81. Nanny's Birthday (You're not Sick, You've Only Got Huntington's Disease)
- 85. Dementia: Putting Together the Pieces of the Puzzle
- 86. Parkinson's Disease
- 91. Sorting out the Clues

- 93. Communications and Therapeutic Choices in Depression: Managing Depression in the Elderly
- 99. Making it Work: Caring for Persons with HIV/AIDS
- 129. The Forgotten Tenth
- 130. Aids Research: The Story So Far
- 133. Hepatitis C: The Silent Scourge
- 137. Is It Time For a Heart To Heart?
- 140. AIDS: Investigations in Microbiology
- 141. Hepatitis A
- 142. Hepatitis B: The Enemy Within
- 154. Depression and the Elderly
- 159. Depression in Older Adults- The Right to Feel Better
- 163. ALS: A Reason for Hope
- 164. Clinical Features of Myotonic Dystrophy and Huntington's Disease
- 169. Don't Loose Sight of Eye Disease
- 174. The Hidden Danger: Hepatitis B (healthcare version)
- 175. Harvix, Hepatitis A Vaccine, Inactivated
- 176. The Brain Risk of, Understanding and Preventing Stroke

12 Intergenerational/Children

- 8. Do You Remember Love?
- 24. What About Mom and Dad
- 31. My Mother My Father
- 15. Peege
- 52. "Just for the Summer"
- 54. Thicker than Water
- 59. Making Difficult Decisions
- 66E. Case Management
- 68. Giving Care/Taking Care
- 70. Growing Old in a New Age
- 71. You're Not Alone
- 81. Nanny's Birthday (You're not Sick, You've Only Got Huntington's Disease)
- 84. Complaints of a Dutiful Daughter
- 102. Focus on Caregivers
- 106. What Shall We Do About Mom and Dad?
- 108. Caring for Your Parents
- 111. Living Wills
- 113. Sexuality and Aging
- 114. Tonight's the Night
- 116. Aging Parents
- 117. Parent Our Parents
- 118. Home Care
- 119. Letting Go... A Hospice Journey
- 126. Living with Grief: Children Mourning
- 127. Living with Grief: Sudden Loss
- 128. Living With Grief: When Illness is Prolonged

- 134. Granny Dumping
- 136. At a Loss: Death, Grief and Hope
- 151. Grandparents Raising Grandchildren
- 152. Home Care: Coping with Change
- 158. Someone I Love Has Alzheimer's Disease
- 160. In and Out of Time
- 162. How to Have a Meaningful Visit with Your Loved Ones in a Nursing Facility
- 164. Clinical Features of Myotonic Dystrophy and Huntington's Disease
- 165. In This Very Room
- 168. Living with Grief: Who Are We, How We Grieve
- 179. There's No Place Like Home
- 180. The Family Caregiver Video

13 Legal/Ethical/Financial

- 5. Managing Problem Behaviors of Alzheimer's Patients
- 16. Weekend
- 27. You Can't Afford to Grow Old
- 34. Coping with Caring
- 41. On Your Behalf-What You Should Know About
- 59. Making Difficult Decisions
- 61. Before the Going Gets Rough
- 70. Growing Old in a New Age
- 80. Part A: The Right to Decide - Life Support for the Aged
- 81. Part B: Life Support Decisions – A Guide to Self-Determination
- 82. A Road Map to Home and Community Services for People Who Need Long Term Care
- 96. My Challenge with Alzheimer's
- 102. Focus on Caregivers
- 110. Incident Report
- 111. Living Wills
- 112. A Choice among Risks: Physical Restraints Rejected
- 116. Aging Parents
- 123. In Your Hands
- 132. The Los Altos Story
- 134. Granny Dumping
- 135. A Safer Place
- 147. Mrs. Dorothy Peterson: A Case Study
- 150. In Your Hands: the Tools for Preserving Personal Autonomy

14 Life Planning/Retirement

- 27. You Can't Afford to Grow Old
- 32. My First 100 Years
- 34. Coping with Caring
- 41. On Your Behalf-What You Should Know About
- 70. Growing Old in a New Age

- 77. Living with Alzheimer's
- 82. A Road Map to Home and Community Services for People Who Need Long Term Care
- 87. The Aging Process
- 90. Body Wise: Fitness and Health Promotion Program
- 105. Changing Needs, Changing Homes: Adapting Your Home to Fit You
- 111. Living Wills
- 116. Aging Parents

15 Mental Health

- 32. My First 100 Years
- 65. Managing and Understanding Behavior Problems in AD and Related Disorders
- 66B. Cognitive Assessment
- 66C. Biomedical Aspects of Aging
- 66D Reminiscence Therapy
- 69. The Mental Status Exam of the Demented Adult
- 70. Growing Old in a New Age
- 75. The Nursing Home Mental Health Series
- 78. Caring for an Aging Society Series – Hospital Satellite Network
- 87. The Aging Process
- 92. Speaking for Them
- 93. Communications and Therapeutic Choices in Depression: Managing Depression in the Elderly
- 94. Communications and Therapeutic Choices in Depression:
 Managing Depression with Symptoms of Anxiety
- 120. Aging Well
- 124. Depression and the Elderly
- 148. Mental Health Video Series
- 154. Depression and the Elderly
- 159. Depression in Older Adults- The Right to Feel Better
- 167. Choice and Challenge: Caring for Aggressive Older Adults across Levels of Care
- 178. Dealing with Physical Aggression in Caregiving:
 Physical and Non-Physical Interventions

16 Physical Disabilities

- 105. Changing Needs, Changing Homes: Adapting Your Home to Fit You
- 109. When People With Disabilities Age
- 118. Home Care
- 189. Personal Assistance...A Choice for Independence

17 Public Policy

- 26. Alzheimer's Teleconference 1989

- 102. Focus on Caregivers
- 130. Aids Research: The Story So Far
- 134. Granny Dumping
- 146. The Power of the Elderly
- 147. Mrs. Dorothy Peterson: A Case Study
- 179. There' No Place Like Home
- 183. Growing UP & Growing old: Caring for our parents

18 Respite/Support Groups

- 14. Caring-Sharing
- 20. Understanding and Coping with Dementia
- 23. Respite Care
- 33. Alzheimer's Disease
- 34. Coping with Caring
- 35. I Miss You
- 43. Leading a Successful Support Group
- 45. Orientation to Alzheimer's: Leading a Support Group
- 56. Help for Families of Alzheimer's Disease Patient: Family Support Groups
- 58. Best Friends
- 63. Even These May Forget: Pastoral Care Challenge
- 71. You're Not Alone
- 73. Adult day Program Marketing Series
- 77. Living with Alzheimer's
- 83. Working it Out: Support Groups for Nurses Aids
- 88. Alzheimer's: Effects on Patients and Their Families
- 96. My Challenge with Alzheimer's
- 106. What Shall We Do About Mom and Dad?
- 107. In the Moment
- 108. Caring for Your Parents
- 151. Grandparents Raising Grandchildren
- 152. Home Care: Coping with Change
- 155. A Prescription for Caregivers
- 180. The Family caregiver Video

19 Substance Abuse

20 Volunteers

- 34. Coping with Caring
- 58. Best Friends
- 118. Home Care
- 119. Letting Go... A Hospice Journey

21 Wellness/Prevention

- 90. Body Wise: Fitness and Health Promotion Program
- 87. The Aging Process
- 70. Growing Old in a New Age
- 40. Better Living for Seniors Homemaker Service
- 176. The Brain Risk of, Understanding and Preventing Stroke
- 153. Head over Heels
- 146. The Power of the Elderly
- 143. More than Movement
- 120. Aging Well
- 115. The Sixth Sense: Understanding Sensory Changes and Aging
- 114. Tonight's the Night
- 113. Sexuality and Aging
- 105. Changing Needs, Changing Homes: Adapting Your Home to Fit You

22 Other

- 175. Harvix, Hepatitis A Vaccine, Inactivated
- 173. Bloodborne Pathogens
- 122. Infection Risks in the Long Term Care Facility
- 121. Infection Control in the Long Term Care Facility

VIDEOTAPES

1. **YOU ARE NOT ALONE** - 30 min. color. A 1984 production of Penn. Public TV, including relevant information on ADRD symptoms, diagnosis, family supports, and provider services. Footage on family caregiver feelings and problems, on day care and group home programs, on the transition from family care to nursing home and on how families cope. (Also available from your public library, in larger NH cities.)
2. **BETWEEN LIFE AND DEATH** - 30 min. color. A 1983 documentary from public TV describing the disease, its effects on patients and families, an early onset case, medical training for AD care, and some coping mechanisms. Includes a fairly clear and complete explanation of physiology of the disease.
3. **LIVING WITH GRACE** - 30 min. color. A 1985 film produced by Johns Hopkins Hospital, taking the viewer inside the home and daily life of a 60-year-old woman and her caregiving husband. Excellent portrait of patient's confusion and frustration, and of sensitive care by the husband. Shows Dr. Peter Rabins interacting with patient. Shows the spiritual, emotional, physical, and economic costs of ADRD.
4. **CAREGIVING GRACE** - 60 min. VHS color. 1987 update on patient described above, showing effective care in later stages of her disease process.
- 4A. **GRACE** - Original and two copies 58 min. VHS color. Award winning documentary that follows the life of Grace Kirkland. Includes segments from the videos:
 - **Living with Grace**
 - **Caregiving with Grace.**
5. **MANAGING PROBLEM BEHAVIORS OF ALZHEIMER'S PATIENTS** - 60 min., color. This is a training tape taken from an April 1987 teleconference produced by the St. Thomas Hospital Medical Learning Center in Nashville. Lisa Gwyther, MSW, of the Duke Center on Aging discusses principles of behavior management, communication strategies, dressing/bathing/eating problems, sundowning, hostility and combativeness, agitation, catastrophic reactions, over stimulation, family caretaker needs, and patient needs.
6. **MANAGING MEDICAL AND ETHICAL PROBLEMS OF ALZHEIMER'S PATIENTS** - 60 min., color. This is also edited from the 4/87 St. Thomas Medical Learning center teleconference. Dr. Peter Rabins of Johns Hopkins Hospital, co-author of "The Thirty-Six Hour Day", discusses using and managing medications and the ethical issues of managing behavioral problems in Alzheimer's patients.
7. **CARING** - 30 min. color. This is ADRDA's 1985 production depicting three ADRD families and how they cope. Each represents the issues of a different stage of the disease.
8. **DO YOU REMEMBER LOVE?** - 60 min. color. 1985 Emmy-winning award production-featuring Joanne Woodward and Richard Kiley dramatization of a woman college professor who develops Alzheimer's Disease.
9. **THERE WERE TIMES DEAR** - Living With Alzheimer's Disease, 60 min. color, VHS tape 1985 award winning dramatization of another early onset case of Alzheimer's Disease, when the husband is affected. Shirley Jones and Len Cariou. Available from Sandoz Pharmaceuticals.

10. **I HOPE IT'S NOT ALZHEIMER'S** - 26 min. color VHS. Harvard's Dr. John Rowe, Drs. Besdine and Weddle discuss "There Were Times Dear" as depicting important aspects of a case of Alzheimer's Disease, with Len Cariou discussing his role. Highlights the need for early screening and assessment to rule out treatable dementias, need for assistance for caregiver, stress on families, and need for nursing home care. For a long presentation this is a good companion to "There Were Times Dear".
11. **HELPING PEOPLE WITH DEMENTIA IN ACTIVITIES OF DAILY LIVING** - 22 min. color VHS. University of Michigan Institute of Gerontology training tape with manual, suitable for family caregivers or direct care home and institutional staff, demonstrating techniques for helping people with dementia's to accomplish a variety of tasks as independently as possible, breaking tasks into steps in order to enable people to continue tasks meaningful and important to them in their earlier lives.
12. **DESIGNING THE PHYSICAL ENVIRONMENT FOR PERSONS WITH DEMENTIA** - 20 min. color VHS University of Michigan Institute of Gerontology training tape with manual, suitable for family caregivers or direct care staff, demonstrating adjustments in physical environments affecting the person's social and emotional environment to compensate for cognitive and functional losses. Includes an excellent reading list.
13. **WESLEY HALL** - 25 min. color VHS. University of Michigan Institute of Gerontology training tape, suitable for family caregivers or caregiving staff at all levels, demonstrating techniques for orienting, reassuring, and interacting with people with mid to late stage dementias.
14. **CARING-SHARING** - 30 min. color VHS. Good overview of a support group helps family caregivers. Dr. Robert Butler describes different stresses on families and then the support group is shown discussing them. Good video to help a new support group begin talking about these issues, or to help a caregiver feel more comfortable with how a support group operates.
15. **PEEGE** - 15 min. VHS video tape made from an old film. (This tape may not be satisfactory for viewing as it was copied from a film to a video.) A classic description of how family members feel about aging and about the needs of a withdrawn, perhaps depressed, perhaps demented elderly relative in a nursing home. Attitude of adults is contrasted with sensitivity of a teenage grandson who remembers in flashbacks the personality of his grandmother as he knew her, and who reaches out to the person she was.
16. **WEEKEND** - 12 min. VHS tape made from an old film; another classic "film poem" about how society copes with aging.
17. **MEDICATIONS AND DEMENTIA** - 20 min. color VHS. A physician and a pharmacist talk about managing prescription and over the counter medications for dementia patients. Good information; less appealing format.
18. **SPECIAL CARING: MANAGING THE PERSON WITH ALZHEIMER'S DISEASE** - 22 min. color VHS. Nurse administrator of nursing home outline and then demonstrate important issues of caring for dementia patients. Didactic, but sensitive to patients' needs and showing patients' reaction/interactions. Similar to but better than #19.

19. **NURSING MANAGEMENT FOR DEMENTED PATIENTS** - 30 min. color VHS. This is John Hopkins' version of nurse-led training for inpatient staff in handling daily care for dementia patients. Clear, helpful, but very "teach-y".
20. **UNDERSTANDING AND COPING WITH DEMENTIA** - Diagnosis, Management of Patients and Families, and Course and Outcome, Suncoast Gerontology Center, 48 min. VHS color. Dr. Eric Pfeiffer narrates three separate videotapes, one each on the subjects in the title, each 15 min. in length. #1: families describe feelings about onset of AD and "short portable mental status exam is demonstrated. #2: elements of medical care for demented patients, use of medications, support groups, needs of caregiver, and "life in the foxhole". #3: late stage care, nursing home placement issues, choices between ICF, board and care home, and hospice care described, and role of physician in each environment. Caregiver grief described. Excellent didactic presentation, useful for physicians and all other providers.
21. **WORKING WITH THE CONFUSED ELDERLY** - 30 min. VHS. Teaching tape for direct care staff from Oregon Health Sciences University School of Nursing, done in 1986. Joanne Rader, RN MN presents clear concise lecture plus demonstration addressing the agenda behaviors of ADRD residents, with verbal and non-verbal communication techniques.
22. **COMMUNICATING WITH THE COGNITIVELY IMPAIRED** - 30 min. VHS. Good demonstration of the verbal and thinking problems of ADRD individuals who are quite impaired and live in a nursing home. Produced by the University of North Miami's Revitalization Project, 1986. The program includes verbal and non-verbal communication skills, and skills in receiving messages from cognitively impaired persons. There is good footage of a substantially impaired person, and a good set of explanatory remarks about what you see happening in communications. Video is unavailable, it was reported lost.
23. **RESPIRE CARE** - VHS 15 min. Dr. Eric Pfeiffer, Suncoast Geriatric Center, 1986. Full description and rationale, discussion of setting, consideration of cost savings appropriateness at various stages of dementia. Adult day care described, staff values recommended, costs and monitoring discussed. 60 hour training program for in-home respite workers described. Short term institutional respite junctions and management discussion. Video is unavailable, it was reported lost.
24. **WHAT ABOUT MOM AND DAD** - an old tape documenting struggles of middle-aged children to provide support and care for disabled parents, including those with Alzheimer's Disease.
25. **SHARING THE CARING II: ACTIVITIES FOR ALZHEIMER'S INDIVIDUALS** - VHS 30 min. training tape created by the Alzheimer's Family Center Inc. in San Diego. Intended for professional and paraprofessional caregivers, rationale for and examples of appropriate therapeutic activities.
26. **ALZHEIMER TELECONFERENCE OCTOBER 1989** - a 90-minute event on closed-circuit TV featuring Dr. Eric Pfeiffer of Suncoast Alzheimer's Resource Center discussing stress factors, Steve McConnell of the Alzheimer's Association discussing public policy/national legislation, and a preview of "Alzheimer's 101: The Basics of Caregiving" a training series produced by South Carolina ETV.
27. **YOU CAN'T AFFORD TO GROW OLD** - a PBS documentary featuring Walter Cronkite as narrator discussing the dilemmas of long-term care for elderly people.

Discusses home care, institutional care, housing options, legal and financial issues, and has a viewers' guide. 60 min. VHS.

28. **ALZHEIMER'S 101: THE BASICS OF CAREGIVING** - VHS 18 video segments, trainer's manual, and leader's guide. 85 minutes of video, organized into 18 "trigger" segments to stimulate group discussion and training activities. Shot on location in a nursing home, an Alzheimer's day care center, and a family caregiver's home.
29. **POLICE TRAINING TO INTERACT WITH DEMENTIA CITIZENS** - 20 minutes VHS. Should be used only by experienced trainers knowledgeable about Alzheimer's Disease and local resources in training local police personnel.
30. **MANAGING PROBLEM BEHAVIORS** - VHS 45 min. Trains staff in adult day care settings about effective responses to 9 most prevalent behavior problems of participants with dementias. Each behavior defined, its causes, interventions and/or prevention discussed and demonstrated through dramatization. Instructor's Manual accompanies video - be sure to ask.
31. **MY MOTHER MY FATHER** - VHS 33 min. VHS documentary on four families and their feelings about dealing with stresses and changes involved in caring for an aged parent. Two cases are about parents with dementias. Offers no easy answers, but demonstrates honest feelings of families and the individual nature of the "solutions" they have.
32. **MY FIRST 100 YEARS** - 57 min. VHS by Naomi Feil, nationally recognized expert in helping confused old-old people. Tape covers her workshop with persons who work directly with elderly in nursing home settings. Feil discusses her theories of why the old-old are confused, retreat to earlier realities, and finally withdraw. Not specific to Alzheimer's Disease, but useful as insight into feelings and thoughts of later stage Alzheimer's individuals.
33. **ALZHEIMER'S DISEASE** - CBS "48 Minutes", January 1990. 60 minutes (including commercials!) taped from the live TV program; a documentary about families coping with ADRD, including a "young" early stage individual, a family who spent money on an unproved "cure", and some very moving footage about some strong caregivers. Good for support groups if previewed by leader and if discussion is included to process what viewers see.
34. **COPING WITH CARING** - 20 min VHS of 3 presentations on this one videotape produced by the New York State Administration on Aging to help caregivers of elderly people; not limited to dementia caregiving but always appropriate information for dementia caregivers. COPING WITH CARING covers feelings, frustrations and concerns of members of a caregiver support group; deals with finding your role as caregiver, accepting help, dealing with guilt, keeping parents independent as long as possible, strain of long-distance caregiving, accepting day care, etc. COMMUNITY SERVICES AND LEGAL ASPECTS OF CAREGIVING also about 20 min. helps caregivers understand chore, friendly visitor, meal, transportation, etc., services and how they can help make community living for disabled elderly possible. Then an attorney describes in detail how to do "lifetime planning" for one's property, personal needs, and for making wills and trusts. Written for NY State residents, but useful here in NH HEALTH AND ILLNESS IN OLD AGE is the third segment of this same tape, 20 min. Dr. Robert Butler and a clinical physician discuss and demonstrate normal physical changes of aging and then help caregivers recognize possible illnesses and disabling conditions over and above normal aging. Includes

recommendations for consultations with service providers. Sensory changes, psychological complications, the myth of senility, use of medications, are all addressed.

35. **I MISS YOU** - 30 min. color. A 1990 production of the Respite Care Program, Portsmouth, NH Kathy Spedding, Director. This video describes the Respite Care (Day Care) Program including the caregivers testimonies of their problems. Includes wonderful footage of clients' faces and activities.
36. **TANGLED MEMORIES STOLEN MINDS** - August 1990 CCN 60-minute survey of Alzheimer's Disease and its effects on several families. Good information on organic causes.
37. **PIECES OF THE PUZZLE** - Five 30-minute tapes plus instructor's manual. Created in Arizona. Suitable for direct caregivers, including families. Individual tapes are titled:
 - Part 1 **Introduction to Alzheimer's Disease**
 - Part 2 **Practical Communication**
 - Part 3 **Practical ADL's**
 - Part 4 **Practical Recreation**
 - Part 5 **Practical Approach to Problem Behaviors**Use tapes only in conjunction with training manual, although individual tapes and sections of the manual are okay.
38. **UNDERSTANDING AND COPING WITH DEMENTIA** - Three tapes. A thought-provoking production portraying the effects of AD and dementia on the patient and the family. Using actual cases, this three-part series follows the patients and their families through all the stages of the disease.
 - Part #1: **Recognition and Diagnosis** - includes identifying symptoms and warning signs, discussion of the medical and psychiatric evaluation of the patient and family coping mechanisms). (32 mins.).
 - Part #2: **Ongoing Management** - describes the care of the patient and the physician's role in providing family support. Psychosocial supports, along with the day-to-day home management of the patient are discussed. (32 mins.).
 - Part #3: **Course and Outcome** - focuses on issues of late care, including institutional care alternatives, dealing with death, dying and grief and the caregiver's life following the loss of the loved one. (30 mins.). Suncoast Gerontology Center, Tampa, Florida 1991. Video unavailable, it was reported lost.
39. **DEALING WITH ALZHEIMER'S DISEASE: A COMMON SENSE APPROACH TO COMMUNICATION** - 21 minute video is designed to help caregivers get basic information about the losses that occur, verbal and non-verbal communication, common behavior changes and suggestions to prevent or reduce problem behaviors. Terra Nova Films, Inc.
40. **BETTER LIVING FOR SENIORS HOMEMAKER SERVICE** - Video shows how homemaker home health aids are hired and what they do. This is for services which on the video states how the State of Florida is now doing this. It could be helpful to our state (New Hampshire) too. AOA State of Florida - 12/89 25.25 minute video (1-copy).

41. **ON YOUR BEHALF - WHAT YOU SHOULD KNOW ABOUT** - Living Wills, Durable Powers of Attorney and Your Right to Accept or Refuse Medical Treatment. Caresource - 1991 - 13 minute video.
42. **ORIENTATION TO ALZHEIMER'S DISEASE** - With Learner's Guide and Pamphlet. By Alzheimer's Association - 1990 - (1 copy) 17.13 tape. Was damaged – not available
43. **LEADING A SUCCESSFUL SUPPORT GROUP** - With manual, and training materials by The Alzheimer's Association - 1990 (1 copy) 20.02 tape.
44. **THE CAREGIVERS SERIES** - (5) Tapes total - By the Alzheimer's Association - 1990 (1) Audio Tape and Learning Guides also included.
 - 44-A **Meeting Daily Challenges** - Tape (15.06 minutes.)
 - 44-B **Communicating** - Tape (19.33 minutes.)
 - 44-C **Safety First** - Tape (14.14 minutes.)
 - 44-D **Managing Difficult Behavior** - tape (21.27 minutes.)
 - 44-E **Caring for the Caregiver** - Tape (20 minutes.)
 - 44-F **Audio Tape** - (1) tape only (Communicating with the AD Patient)
 1 - Caregiver Learning Guide, 1 - "Just the Facts Kit", 5-Caregiver Packets, 1 - Package of Handout Masters included with this series.
45. **Back-up tape for (ORIENTATION TO ALZHEIMER'S - LEADING SUPPORT GROUP)** - Total of time (37 minutes for both parts).
46. **Back-up tape for (CAREGIVERS SERIES ALZHEIMER'S ASSOCIATION)** - Includes (Safety, Communicating and Care for the Caregiver. Total time - 60 minutes.
47. **JOAN WHITCOMB: MUSIC THERAPY** - Taped from NH Journal segment describing uses of music therapy with Alzheimer's patients as developed by NH therapist. Poor video quality, but good explanation of why and how music works.
48. **20/20 ON THE DRUG THERAPY** - August 1991 segment with Dr. Timothy Johnson, gives advantages and disadvantages of the drug as sometimes assisting in mental functioning but dangerous to liver function.
49. **A DAY IN THE LIFE OF NANCY MOORE** - This video goes with the booklet recorded in the book library list on page 3 (Book #9) **Optimum Care of the Nursing Home Resident with Alzheimer's Disease: "Giving a Little Extra"** This video and booklet go together for viewing. Video unavailable, reported lost
50. **LOOSING IT ALL - THE REALITY OF ALZHEIMER'S DISEASE** - This video is very graphic. It presents real case studies of younger people (40-50 years old) with AD. Taken from TV - HBO on 10/29/91.
51. **DETECTING DEMENTIA, COGNITIVE ASSESSMENT BY THE HOME HEALTH CARE PROFESSIONAL** - Terra Nova Films, Inc. (18 min video) with instruction guide. Excellent training tool for Home Health Professionals regarding cognitive assessment techniques.
52. **JUST FOR THE SUMMER** - a curriculum kit plus videotape for children and grandchildren of Alzheimer's victims. (Churchill Films).

53. **TRANSPORTING THE ALZHEIMER'S PATIENT** - This 12 min. video provides information for those who transport persons with dementia from place to place within their communities. Excellent for teaching drivers of vans or buses for day care.
54. **THICKER THAN WATER** - Social Work and Family Concerns for Alzheimer's Patients, (9 min. video) for hospital social workers.
55. **INTERVIEWING AND ASSESSMENT TECHNIQUES FOR SOCIAL WORKERS: ALZHEIMER'S DISEASE** – (31 min. video) concerning hospital care.
56. **HELP FOR FAMILIES OF ALZHEIMER'S DISEASE PATIENTS: FAMILY SUPPORT GROUPS** - (18 min. video).
57. **OPPORTUNITIES FOR SOCIAL WORKERS IN THE HOSPITAL SETTING: ASSISTING FAMILIES OF PATIENTS WITH ALZHEIMER'S DISEASE** - (12 min. video).
58. **BEST FRIENDS** - (15 min. video) from Lexington Chapter of the Alzheimer's Association, describes a volunteer program of respite operating in both a day center setting and in the caregiver's own home.
59. **MAKING DIFFICULT DECISIONS** - (25 min. video) Helping family members address the caregiving issues of mid and late stage dementing diseases, such as making nursing home placements and considering decisions to withhold resuscitation.
60. **CREATIVE INTERVENTIONS WITH THE ALZHEIMER'S PATIENT** - (3 - video tapes) - totaling five hours of a seminar on identifying Alzheimer's residents' needs and being creative in solving them to match OBRA expectations, conducted by Mary Lucero. Workbook accompanies the three tapes. Highly recommended for nursing home staff training. *Understanding Behaviors, *Understanding Behaviors (concluded) and Functional Assessments, *Interventions.
61. **BEFORE THE GOING GETS ROUGH** - This video is quite short and very medical-"teach-y". It is aimed at family caregivers to encourage planning for the course of the disease. (Included is the manual with more information to go with this video) - (30 min. video).
62. **AFTER THE GOING GETS ROUGH** - This is longer and is aimed at direct care staff in long term facilities, although done by a hospital. As in the other video, there is a doctor describing the situations. This also has a workshop-like circle of staff people talking about how they handle problem aggressive behavior. Good model of how a crisis develops and of how to solve it. (included is a red binder with more information to be used with this video).
63. **EVEN THESE MAY FORGET: PASTORAL CARE CHALLENGE** - Training for clergy, 1991 U. of Pittsburgh Alzheimer's Disease Center. 18 min. videotape. Includes informational flyer on AD, resources, with Bible verses and prayer. Includes also training booklet for clergy's ways of helping Alzheimer's individuals and families.
64. **EMERGENCY CARE FOR THE ELDERLY** - 1992, U. of Pittsburgh Alzheimer's Disease Center, 35 min. tape plus student booklet for First Responder, plus instructor manual and student manual for training EMT/Paramedics. Alzheimer Disease Education And Referral Center, 1-800-438-4380. (including 3 blue manuals).

65. **MANAGING AND UNDERSTANDING BEHAVIOR PROBLEMS IN AD AND RELATED DISORDERS** - U. of Washington, Alzheimer's Disease Center, 1991. Ten tapes, mostly 15-20 minutes each, available through the Alzheimer Disease Education And Referral Center P O Box 8250, Silver Spring, MD. 20907-8250. Intended for both family and paid providers. Excellent didactic quality.
- 65-A **Overview of AD and Related Disorders**
 - 65-B **Delirium and Depression**
 - 65-C **ABC's of Managing Problem Behaviors**
 - 65-D **Managing Aggressive Behaviors: Anger, Irritation, Catastrophic Reactions**
 - 65-E **Managing Psychotic Behaviors: Language Deficits**
 - 65-F **Managing Psychotic Behaviors: Hallucinations, Delusions, Paranoia, Suspiciousness**
 - 65-G **Managing Personal Hygiene: Bathing and Dressing**
 - 65-H **Managing Difficult Behaviors: Wandering, Inappropriate Sexual Behaviors**
 - 65-I **Managing Difficult Behaviors: Depression**
 - 65-J **Caregiver Issues. Comes with caregiver manual, including behavior observation forms**
66. **CARING FOR THE COGNITIVELY IMPAIRED ADULT** - a set of (5) videos and teacher's guide, user's guide, and appendices/handout, 1990, U. of Kentucky Alzheimer's Research Center. ADEAR Center, Silver Spring, MD.; 1-800-438-4380. Hospital-based instructional videos. Designed to train nurses. Guides are helpful; either guides or videos might be used independently.
- 66-A **CARING FOR THE COGNITIVELY IMPAIRED** - 16 min. Basic "Alzheimer's 101" course.
 - 66-B **COGNITIVE ASSESSMENT** - 17 min. Helpful didactic teaching tool, with clinical demonstrations plus voice-over and outline of main points. Emphasizes differential diagnoses of dementia, depression, and delirium. Excellent on adapting hospital ward care to capabilities of elderly cognitively impaired patients.
 - 66-C **BIOMEDICAL ASPECTS OF AGING** - 28 min. Dr. David Wekstein talks to camera giving good overview for general practice physicians or for nurses. Covers changes of normal aging, the differences between treatable and untreatable dementias, and theories of causes (this is the best part of the lecture).
 - 66-D. **REMINISCENCE THERAPY** - 20 min. Geriatric nurse specialist talks from notes about why reminiscence therapy helps, and then tapes a session with elderly male patients to demonstrate why reminiscence helps.
 - 66-E. **CASE MANAGEMENT** - 13 min. Uses voice-over lecture plus nurse interactions to outline tasks of case management in pre-admission, during hospital stay, and in post-discharge follow-up. Emphasis is on maintaining patient's functional abilities and coping with a difficult family caregiver.
67. **NURSE'S AIDES: MAKING A DIFFERENCE** - Skills for managing difficult behaviors in dementia victims, 31:16 minutes, University of Texas, Southwestern Medical Center Alzheimer's Disease Center. With a viewing guide, 1991. Is designed to provide nursing home nurse's aides with skills for handling difficult behaviors shown by dementia patients. Format is a lively afternoon to talk show with seven fictional vignettes.

68. **GIVING CARE/TAKING CARE** - KCET Public TV, Los Angeles. Excellent for use with families. Emphasis on how to prepare your home and on taking care of yourself over a long period of time. Features Shelly Fabares.
69. **THE MENTAL STATUS EXAMINATION OF THE DEMENTED ADULT** - By Cynthia Steele, RN, MPH and Mary Jane Balustein, RNC, John Hopkins University, 1992. Two (2) tapes approximately 20 minutes each. Also includes a study guide. This package is designed to teach nurses how to perform a mental status exam. Video unavailable, reported lost.
70. **GROWING OLD IN A NEW AGE** - Produced by University of Hawaii at Manoa Center on Aging. Running time: 60:00 - Set of 13 tapes as follows:
 - 70-1 **Myths and Realities of Aging**
 - 70-2 **How the Body Ages**
 - 70-3 **Maximizing Physical Potential of Older Adults**
 - 70-4 **Love, Intimacy and Sexuality**
 - 70-5 **Learning, Memory and Speed of Behavior**
 - 70-6 **Intellect, Personality and Mental Health**
 - 70-7 **Social Roles and Relationships in Old Age**
 - 70-8 **Family and Intergenerational Relationships**
 - 70-9 **Work, Retirement and Economic Status**
 - 70-10 **Illness and Disability**
 - 70-11 **Dying, Death and Bereavement**
 - 70-12 **Societal and Political Aspects of Aging**
 - 70-13 **The Future of Aging**
71. **YOU'RE NOT ALONE** - Produced by NY State Office for the Aging. April, 1993. Running Time: 16 minutes. This tape is not like (**YOU ARE NOT ALONE #1 VIDEO**). This tape is about junior and senior high students telling what it is like to be caregivers. They come from various ethnic backgrounds as well as urban, suburban and rural settings. In this tape teenagers frankly talk about emotional issues, how they cope, and where they find help. They discuss the value of talking with friends, parents, and others whom they trust. They tell of love for and frustration with grandparents. Their message to other teenagers is "you are not alone". This video is useful for teenagers, parents, teachers, clergy, counselors, aging and educational professionals and others who need to understand the impact of caregiving on teenagers.
72. **THE TIE THAT BINDS** - This manual was prepared by the Geriatric Research, Education and Clinical Center at the Minneapolis VA Medical Center. 10 minute colored film. The topic of sexuality as it is affected by Alzheimer's Disease.
73. **ADULT DAY PROGRAM MARKETING SERIES** - A five-tape (5) series on marketing adult day programs. These video's capture the "best of" a series of marketing workshops presented by Greg Newton, marketing consultant. The insights of experienced day center staff, along with Newton's presentations, provide practical marketing information for day centers that want to increase the number of people they serve.
 - Part #1 **The Introductory Marketing** Video with (2) manuals
 - Part #2 **Marketing for more customers**
 - Part #3 **Setting the Price**
 - Part #4 **Promoting your services**
 - Part #5 **Strategic Marketing Issues**

74. **A PART OF DAILY LIFE** - By American Occupational Therapy Foundation. This video deals with ways that you can make your role as caregiver easier, while helping your loved one have an improved quality of life: Doing familiar activities is easier when tasks are first broken down into smaller, more manageable steps. Communication can be improved by using short sentences and plain words. Small modifications can be made to your home to make it a safer and more workable environment. A 16.35 minute video.
75. **THE NURSING HOME MENTAL HEALTH SERIES** - By University of Maryland at Baltimore School of Medicine. For nursing home staff members, health care personnel - recommended for brief in-services, also appropriate for individual viewing - presented by Peter V. Rabins, M.D., Professor of Psychiatry at John Hopkins University School of Medicine.
- Part A **CONFUSION** - Aspects of confusion and specific strategies for working with confused residents.
 - Part B **SLEEP, SEX AND WANDERING** - issues and specific strategies for working with confused residents.
 - Part C **FUNCTIONAL ASSESSMENT OF THE ELDERLY** - presented by Jennifer Bottomly, MS, PT defines, outlines and demonstrates functional assessment tools.
 - Part D **IMPAIRED COMMUNICATION** - recognizing communication problems and suggestions for working with impaired residents.
 - Part E **AGITATION, AGGRESSION AND VIOLENCE** - causes of and management in the nursing home setting.
 - Part F **POSITIVE APPROACHES TO DIFFICULT BEHAVIORS** - who, what, when, why, where behavior happens.
 - Part G **PARANOIA, SUSPICIOUSNESS AND ACCUSATIONS** - identifying and coping with these difficult problems.
 - Part H **DEPRESSION** - identifying symptoms and treating residents in nursing homes.
76. **A.D. - A MULTI-CULTURAL PERSPECTIVE** - 34 minutes, color. 1992 Produced by Orona and Gliner, San Jose State University. A look at Chinese, Japanese, Latino and Vietnamese concepts of caregiving for elderly relatives with A.D.
77. **LIVING WITH ALZHEIMER'S** - 1993 (3 Part Series in Color) Long Island Alzheimer's Foundation, Inc. An excellent overview of the disease for families by health care professionals and caregivers.
- PART A **UNDERSTANDING ALZHEIMER'S** - 33 minutes - Basic, helpful Information about A.D. symptoms, diagnosing A.D., roles of health care professionals in working with patients and families.
 - PART B **CHOICES IN CAREGIVING** - 34 minutes. Overview of caregiving issues and options.
 - PART C **CHALLENGES OF CAREGIVING** - 36 minutes - Overview of coping with challenging problems.
78. **CARING FOR AN AGING SOCIETY SERIES** - HOSPITAL SATELLITE NETWORK
- PART A **A.D. - STOLEN TOMORROWS** - 1986 26 minute color - After diagnosis, the focus of care shifts to family caregivers - 3 caregivers tell their personal stories.
 - PART B **GEROPSYCHIATRIC FOUNDATIONS** - 1988 Caring for an Aging Society - 28 minutes, color. For physicians, geriatricians and nurse practitioners, discusses in detail delirium, depression and dementia – elements of diagnostic evaluation.
 - PART C **GEROPSYCHIATRIC NURSING** - 1988 - 28 minutes color - For

nursing staff members in hospitals and nursing homes, emphasis on depression, confusion and mental illness - elements of mental status assessment and therapeutic nursing interventions.

PART D - **A.D EFFECTS ON COMMUNICATIONS** - 30 minutes color - A very academic, in-depth look at linguistic communication in A.D.

PART E - **TREATING THE ELDERLY: COGNITIVE IMPAIRMENT OF SOCIAL DEPRIVATION IN THE ELDERLY** - 59 minutes, color.

Teleconference featuring Dr. William Malamud, Chairman, Dept. of Psychiatry, Boston University School of Medicine.

79. **THE SECOND SYMPOSIUM OF THE SOCIETY FOR PROGRESSIVE SUPRANUCLEAR PALSY**

- Johns Hopkins Hospital Baltimore, October, 1993. Videotaped symposium, very academic, audio quality poor during introductions of speakers addresses similarities and differences between PSP and Parkinson's Disease.

Tape #1 – 2 hours

Tape #2 – 1.1 hours

80. PART A **THE RIGHT TO DECIDE - LIFE SUPPORT FOR THE AGED** - 1993 40 minute, color. New world media alliance. Geared for physicians, and family members - how to initiate and discuss life support issues with patients.

80. PART B **LIFE SUPPORT DECISIONS - A GUIDE TO SELF-DETERMINATION** - 1993, 59 minutes, color. An Overview of the legal issues of self-determination. New World Media Alliance addresses similarities and differences between PSP and Parkinson's Disease.

81. **NANNY'S BIRTHDAY (YOU'RE NOT SICK, YOU'VE ONLY GOT HUNTINGTON'S DISEASE)** - 38 minutes, color. Huntington Disease - Society of America. Physician lectures on caregiving for a person with Huntington's Disease.

82. **A ROAD MAP TO HOME AND COMMUNITY SERVICES FOR PEOPLE WHO NEED LONG TERM CARE** - Dr. Eric Pfeiffer, Suncoast Gerontology Center, University of South Florida, Tampa 9 minutes, color, 1994. Discussion guide and outline including a light, "Trigger" video addressing the importance of planning for a period of possible dependence in later life.

83. **WORKING IT OUT: SUPPORT GROUPS FOR NURSES AIDES** - By Terra Nova Films, Inc. 25 minute tape. Excellent overview of the benefits of support groups for nurses' aides in nursing homes. An actual support group is profiled, showing how these meetings can be positive, problem-solving sessions.

84. **COMPLAINTS OF A DUTIFUL DAUGHTER** - A film by Deborah Hoffmann, 1994, 44 minutes. Academy Award nominated documentary about a daughter caring for her mother with Alzheimer's Disease. Actual footage of interactions between the daughter and her mother, and of the daughter describing in detail the specific challenges she went through with her mother during the course of the disease.

85. **DEMENTIA: PUTTING TOGETHER THE PIECES OF THE PUZZLE** - Gerontology Network Services, Grand Rapids, MI, 1994. Presents an introduction and overview of the areas to be screened with individuals experiencing symptoms of dementia. These areas include health status, cognition and psycho-social history and function. A model of assessment for cognitive functioning is presented and applied in a case study. A team approach is used to fully assess the symptoms and family

experiences. Leader's Guide, Handouts and Overhead Transparency Masters are included. Video length - 27 minutes.

86. **PARKINSON'S DISEASE** - Health Sciences, 1987. Program examines the pharmaceutical and surgical treatments of Parkinson's Disease, profiling a 61-year-old author and educator who has struggled for a quarter of a century to control his symptoms. The program explores the relationship between "designer drugs" and the sudden onset of Parkinson's symptoms in young drug abusers. 19 minutes, color.
87. **THE AGING PROCESS** - Films for the Humanities and Sciences, Inc., 1991. Part of the aging process is inevitable - but only part. This program explains the effects of aging on the human mind and body, explores the "damage" and "cell clock" theories about why cells wear out, and examines the lifestyle habits that affect both longevity and the quality of life; these include exercise, regular check-ups for cancer, proper diet, moderate drinking, and no smoking. 19 minutes, color.
88. **ALZHEIMER'S: EFFECTS ON PATIENTS AND THEIR FAMILIES** - Films for the Humanities and Sciences, Inc., 1991. Program explains what is now known about the mechanisms of Alzheimer's and what remains unknown about brain changes in the disease and discusses the use of drugs to prevent the breakdown of acetylcholine and other strategies to preserve memory. The program shows how Alzheimer's affects a patient's family and what relief - in the form of adult day care centers and support groups - is available until alternative living arrangements must be considered. 19 minutes, color.
89. **HOME CARE FOR PEOPLE WITH ALZHEIMER'S DISEASE, COMMUNICATION, ACTIVITIES OF DAILY LIVING AND HOME SAFETY** - An Aspen Publication, 1995. Three part video series with leader's guides designed to address the day-to-day home care challenges of Alzheimer's disease. Specifically, this series provides the non-professional home caregiver with both an overview and the specifics to help with caregiving. Three videos approximately 10 minutes each.
90. **BODY WISE. A FITNESS AND HEALTH PROMOTION PROGRAM** - A 17 minute video plus training manual developed to educate older people, their families and professionals on the benefits of physical activity and health promotion for the aging. Appropriate physical activities are demonstrated. University of the District of Columbia, Institute of Gerontology.
91. **SORTING OUT THE CLUES** - Monitoring medications in Alzheimer's Disease. University of California, San Diego, Alzheimer's Disease Center. Video 16:30 minutes and manual 1989. Discusses psychotropic drugs - their effects, doses, side effects and potential interactions with other drugs.
92. **SPEAKING FOR THEM** - Identifying psychiatric complications in Alzheimer's patients. University of California, San Diego Alzheimer's Disease Center. Video 12:30 minutes and manual 1991. Discusses behavioral problems in Alzheimer's Disease.
93. **"COMMUNICATIONS AND THERAPEUTIC CHOICES IN DEPRESSION: MANAGING DEPRESSION IN THE ELDERLY"** - SmithKline Beecham and the American Psychiatric Association, 25 minutes, 1993.
94. **"COMMUNICATIONS AND THERAPEUTIC CHOICES IN DEPRESSION: MANAGING DEPRESSION WITH SYMPTOMS OF ANXIETY"** - SmithKline Beecham and the American Psychiatric Association, 20 minutes, 1994.

95. **"ALZHEIMER'S IN THE RELIGIOUS COMMUNITY"** - 13 minutes , Alabama Department of Public Health. Provides an excellent message by members of the religious community to their fellow clergy regarding what churches can do for persons with Alzheimer's disease and their families.
96. **"MY CHALLENGE WITH ALZHEIMER'S"** - 16 minutes, Terra Nova, 1996. A one on one interview with a 58 year old woman with A.D. Nine questions for discussion accompany the video. Excellent trigger to address perceptions, attitudes and understanding regarding A.D.
97. **UNDERSTANDING AND COPING WITH DEMENTIA** - Suncoast Gerontology Center, College of Medicine, University of South Florida, Eric Pfeiffer, M.D., 1996. A thought-provoking production portraying the effects of Alzheimer's Disease and dementia on the patient and the family. Using actual cases, this three-part series follows the patients and their families through all the stages of the disease.
 - Part I **Recognition and Diagnosis** - Includes identifying symptoms and warning signs, discussion of the medical and psychiatric evaluation of the patient and family coping mechanisms. (32 minutes).
 - Part II **Ongoing Management** - Describes the care of the patient and the physician's role in providing family support. Psychosocial supports, along with the day to day home management of the patient are discussed. (32 minutes)
 - Part III **Course and Outcome** - Focuses on issues of late care, including institutional care alternatives, dealing with death, dying and grief and the caregiver's life following the loss of the loved one. (30 minutes). Winner of the Silver Screen Award, U.S. Industrial Film Festival.**Combined Edition** - Highlighting the key issues, the combined version is an edited, more focused presentation of Parts I, II, and III. The 45 minute production is ideal for a classroom situation.
98. **ALZHEIMER'S: MAKING CONNECTIONS** - Wisconsin Alzheimer's Information and Training Center, 1995. 90 minute video tape and 75 page manual. Designed to promote individualized activity therapy program.
99. **MAKING IT WORK** - Video 1988, 30 minutes. How to prepare the staff and residents of a nursing home for persons with HIV/AIDS. Video unavailable, reported lost.
100. **COMMUNICATING WITH THE ALZHEIMER'S TYPE POPULATION: THE VALIDATION METHOD** - 19 minutes, Edward Feil productions, Cleveland, Ohio. Nationally known Naomi Feil teaches families and staff empathy and specific Validation method that restore dignity. Includes a brief Teaching Guide.
101. **THE MORE WE GET TOGETHER** - 44 minutes, Edward Feil productions Cleveland, Ohio. Naomi Feil teaches families and staff empathy and specific Validation method that restore dignity. Includes a brief Teaching Guide.
102. **FOCUS ON CAREGIVERS** - is compiled from "The Time of Your Life", a television program for seniors, which is produced by WXFL, the NBC affiliate in Tampa. Introduced by Dr. Eric Pfeiffer, Director of the Suncoast Gerontology Center, the series leads the viewer through a complete discussion of the caregiver's role and techniques for coping at each stage of the caregiving process.
 - Part I: **Who are the caregivers? Hidden problems** - Resources for caregivers (28:50 minutes).

Part II **Starting community programs where none exist, legal and financial issues, decision-making about placement** - (28:50 minutes).

Part III: **Coping with feelings after placement of the patient** - Grief and grief resolution.

103. **SOLVING BATHING PROBLEMS IN PERSONS WITH ALZHEIMER'S DISEASE AND RELATED DEMENTIAS** - University of North Carolina at chapel Hill and John and reference manual for caregivers.
104. **COMPASSIONATE TOUCH** - Benefits and Effects in Alzheimer's care, 26 minutes, Terra Nova Films, Inc., 1996. accompanied by a 27 page manual that compliments and expands the points illustrated in the video. The video shows the use of attentive touch and gentle massage in caring for and relating to those who have Alzheimer's disease.
105. **CHANGING NEEDS, CHANGING HOMES: ADAPTING YOUR HOME TO FIT YOU** - 15:49 minutes. Includes a Resource Guide. The American Occupational Therapy foundation and the American Occupational Therapy Association. 1996. Intended audiences include older adults, caregivers, remodelers, builders, architects, aging services' providers and rehabilitation therapists. Information to promote the health and well-being of older adults.
106. **WHAT SHALL WE DO ABOUT MOM AND DAD?** - 55 minutes, A Second Wind presentation, produced by Sunmark Productions, Terra Nova Films, Inc. Will foster understanding and encourage discussion and communication regarding caring for aging parents, an excellent video for support groups. 1995. Includes a guide for discussion leaders.
107. **IN THE MOMENT** - 25 Minutes, Terra Nova Films, Inc., 1996. This video takes a look at how two different families deal with the stresses and changes involved in caring for a parent that has Alzheimer's disease.
108. **CARING FOR YOUR PARENTS** - 24 Minutes. This program deals with the problems of caring for elderly parents while attempting to maintain one's own family and career. It looks at the signals that a parent may need help in taking care of himself or herself, dealing with a parent's anger and helplessness, adjusting to role reversal, and finding and choosing between available options to deal with tough problems.
109. **WHEN PEOPLE WITH DISABILITIES AGE** - Running time 18:16 minutes.
110. **INCIDENT REPORT** - 24 Minutes. An outstanding tool for staff training in patient abuse prevention. Describes an incident in which an elderly nursing home resident and her nurse are BOTH injured. Fanlight Productions.
111. **LIVING WILLS** - 28 Minutes. Patients, families and physicians explore a range of issues involved in the preparation of Advance Directives(living wills, durable powers of attorney and healthcare proxies or agents) Fanlight Productions.
112. **A CHOICE AMONG RISKS, PHYSICAL RESTRAINTS REJECTED** - 30Minutes. This powerful video focuses on two nursing home residents restrained against their wishes by well-meaning staff, and experience that leaves both residents feeling debased and humiliated. Study Guide Included, Fanlight Productions, 1991.

113. **SEXUALITY AND AGING** – 59 Minutes. Older men and women speak candidly about their attitudes and relationships in this award winning programming. It explores society's attitudes and myths about sexuality in later life. Fanlight Productions
114. **TONIGHT'S THE NIGHT** - 25 Minutes. Humans are sexual from birth to death, but the way sexuality is expressed changes with age. There is a large and growing body of evidence indicating that seniors involved in loving, intimate relationships are happier and more mentally and physically fit than those who are not. This video is an excellent tool for creating and understanding of this issue. Fanlight Productions.
115. **THE SIXTH SENSE, UNDERSTANDING SENSORY CHANGES AND AGING** - 27 Minutes. Accompanied by a learning guide.
116. **AGING PARENTS** - The Family Survival Guide, contains two tapes along with a Guide for use. Topics include: When Crisis Hits Get Organized, Care giving from a distance, Family Dynamics, Housing Alternatives and Support Services, Medical and Health Issues, Legal issues: Protecting your parents Wishes and Assets, The Business Side of Care giving, Financial and Insurance, Government Programs, Death and Dying.
117. **PARENT OUR PARENTS** - 26 Minutes. Examines various ways of coping with the stress of caring for aging parents and suggests personal political remedies, 1991.
118. **HOME CARE** - 19 Minutes. The reasons for the growth of home care the advantages to patient and family, and the new medical technologies suitable for home use- cardiac beepers, spring loaded syringes, portable oxygen systems, respiratory ventilators- are described in this program.
119. **LETTING GO.. A HOSPICE JOURNEY** - 90 Minutes. This program shows how hospice care helps people cope with fear and pain in the final stages of their lives and prepares loved ones for their imminent loss. Also addressed the decision making process of the doctors, nurses, chaplains, social workers and volunteers involved in hospice.
120. **AGING WELL** - 28 Minutes. Explores what seniors can do to motivate themselves to keep their mental powers sharp and the effects of aging on mental skills, emotional issues such as loneliness and uselessness.
121. **INFECTION CONTROL IN THE LONG TERM CARE FACILITY** - 16:25 minutes. Terra Nova Films, Inc. This program is designed to help the beginning caregiver understand and apply the basic principles of infection control. Intended primarily for nursing assistants.
122. **INFECTION RISKS IN THE LONG TERM CARE FACILITY** - 18 Minutes Terra Nova Films. This presentation will assist staff working in long term care facilities to understand infection risks in chronically ill patients of all ages. Measures for maximizing host resistance, and protecting residents and caregivers from infection are discussed.
123. **IN YOUR HANDS, 12 MINUTES** - Terra Nova Films, Inc. How do you teach the importance of respecting a resident's dignity as one provides daily care? This

short video will help. Scenes of improper caregiving and emotionally abusive needs of the residents.

124. **DEPRESSION AND THE ELDERLY** - 25 Minutes Terra Nova Films. Depression among long term care residents is frequently overlooked, misdiagnosed and inadequately treated. This video examines the prevalence of depression in the elderly, describes the primary symptoms, cites common causes of depression, shows examples of patient-focused objectives in dealing with depression, and demonstrates interventions with the depressed elderly resident.
125. **LIVING WITH GRIEF: PERSONALLY AND PROFESSIONALLY** - 1994 Teleconference, Hospice Foundation Of America. 60 Minutes.
126. **LIVING WITH GRIEF: CHILDREN MOURNING** - Mourning Children, 1995 Teleconference, Hospice Foundation Of America. 60 Minutes.
127. **LIVING WITH GRIEF: AFTER SUDDEN LOSS** - 1996 Teleconference, Hospice Foundation Of America. 60 Minutes.
128. **LIVING WITH GRIEF: WHEN ILLNESS IS PROLONGED** - 1997 Teleconference, Hospice Foundation Of America. 60 Minutes.
129. **"THE FORGOTTEN TENTH"** - Video 1995 Terra Nova Films, Inc. 13.53 minutes. Contents include actual stories and discussions with persons over 50 who have AIDS. The information includes how they contracted HIV/AIDS and what changes this disease has brought to their lives.
130. **AIDS RESEARCH: THE STORY SO FAR** - Video, 1994 Films for the Humanities and Sciences, 1994. After thirteen years and \$10 billion worth of research, scientists have yet to find a cure for AIDS. In this report from the front lines of the war on AIDS, state-of-the-art computer animation reveals never-before-seen views of the AIDS virus at work and top AIDS researchers explain how they are marshaling all their resources to develop an effective treatment or a cure. This program explains the current knowledge about AIDS and examines future drugs that may possibly cure or at least control the disease.
131. **MAKING IT WORK** - Video 1988,30 minutes. How to prepare the staff and residents of a nursing home for persons with HIV/AIDS.
132. **THE LOS ALTOS STORY** - Video describes what happened in a small town when three of its citizens develop AIDS. 30 minutes.
133. **HEPATITIS C: THE SILENT SCOURGE** - Films for the Humanities & Sciences, 1996. 23 minutes.
134. **GRANNY DUMPING** - Abandoning the Elderly, 16 minutes. Describes a case in which a daughter abandon her father and why. Also reports on the larger consequences of this phenomenon, where relatives, unable to pay for the soaring costs of medical care, abandon the elderly in nursing homes, hospitals and sometimes even the streets.
135. **A SAFER PLACE** - Recognizing and Coping with Elder Abuse. By Jane Feinberg, for the Illinois Department of Aging.

136. **AT A LOSS: DEATH, GRIEF AND HOPE** - New Hampshire Public Television 1997, A producer of national and international award-winning programs.
137. **IS IT TIME FOR A HEART TO HEART ?** - Congestive Heart Failure: An Educational Program for Older Americans.
138. **TRAINING MANUAL AND VIDEO FOR DEMENTIA CARE SPECIALISTS** - Jean M. Stehman, M.A., A.C.C. Geraldine I. Strachan, R.N., M.S.N. ED. Foy A. Glenner, George G. Glenner, M.D. Judith K. Neubauer.
139. **HELLO IN THERE: UNDERSTANDING THE SUCCESS OF PERSON-CENTERED CARE** - Educational Center for Aging and Health McMaster University, 19 minutes, 1997. Emphasizes the stresses and rewards of relating to patients as whole people, with histories and values that go beyond their current medical needs. Includes a handbook for viewers and facilitators.
140. **AIDS: INVESTIGATIONS IN MICROBIOLOGY** - Films for the Humanities and Sciences, 1997, 35 minutes. This program discusses the nature of the HIV virus and shows how it propagates by utilizing living cells.
141. **HEPATITIS A** - Films for the Humanities and Sciences, 1997, 18 minutes. Discusses the current rate of Hepatitis A outbreaks, sources, symptoms, prevention and treatment.
142. **HEPATITIS B: THE ENEMY WITHIN** - Films for the Humanities and Sciences, 1996, 21 minutes. Explains current medical knowledge about the virus and its treatment.
143. **MORE THAN MOVEMENT** - Creative Activities for Older Adults, 30 minutes, 1997, Real-life activity sessions, along with insights and tips, provide invaluable training in group therapeutic recreation.
144. **A CAREGUIDE FOR THE CONFUSED RESIDENT** - 1994, 75 minutes, Health Professions Press, Inc., Show nursing assistants and students how to deal with residents who are confused. To respond sensitively and competently to confusion in residents. Study Manual is included.
145. **HELPING PEOPLE WITH DEMENTIA IN ACTIVITIES OF DAILY LIVING** - 22 minutes 1987.
146. **THE POWER OF THE ELDERLY** - Community Decision making in Home and Community based Care, 19 minutes, 1996. Shows how Idaho citizens made decisions about services for seniors in their communities. Mountain states group in Association with southwest Productions. Includes a manual.
147. **MRS. DOROTHY PETERSON: A CASE STUDY** - 12:54 minutes, Lutheran General Health Services, 1994. An excellent tool for discussion, this video describes the current duplication of services and fragmented system of health care in the United States today and how this system affects older adults and their families, especially in times of crises.
148. **MENTAL HEALTH VIDEO SERIES** -
a. Older Adult Development, 21:16
b. Mental Health Problems of Older Adults, 20:15
c. Therapeutic Reminiscence, 19:15 minutes

- d. Communicating with Severely Confused Older Adults, 19:55 minutes
 - e. Communicating with Oriented Older Adults, 21:40 minutes
 - f. Antipsychotic and Antidepressant Medications and side Effects, 19:30 minutes
 - g. Grief, Loss and Older Adults, 20:07 minutes
 - h. Communicating with Moderately Confused Older Adults, 19:43
149. **APRIL 17TH., ANNUAL STATE ALZHEIMER'S DISEASE CONFERENCE** - Concord, New Hampshire. Key note speaker: Barry Reisberg, M.D. creator of the "Global Deterioration Scale".
 150. **YOUR HANDS: THE TOOLS FOR PRESERVING PERSONAL AUTONOMY** - 1994, Commission on Legal Problems of the Elderly, American Bar Association 19 minutes. Discusses one's personal decision-making rights and legal tools available.
 151. **GRANDPARENTS RAISING GRANDCHILDREN** - 25 minutes, Terra Nova Films
Explores a newly emerging social issue by sharing the stories of four grandparents who are raising their grandchildren. The video examines, through the stories that are shared in a support group, the major issues facing a grandparent as a parent.
 152. **HOME CARE: COPING WITH CHANGE** - 25 minutes, Terra Nova Films. For the family caring for an elderly loved one at home, or facing the decision to do so, this video will help them recognize and understand the issues and stresses involved in that caregiving. It covers: understanding losses, changes in relationships, conflict, coping with new demands and disruptions, resolving negative feelings, finding help, communicating.
 153. **HEAD OVER HEELS** - 14 minutes, Terra Nova Films. Outlines ways in which older adults can prevent falls. The prevention of falls is extremely important to older adults because they often face long term consequences from falls. It explains some of the reasons for falls and ways to reduce the chances of falling.
 154. **DEPRESSION AND THE ELDERLY** - 25 minutes, Terra Nova Films. Includes information regarding incidence, detection, cost, symptoms, assessment, nursing care planning, interventions, medications and development of a therapeutic milieu.
 155. **A PRESCRIPTION FOR CAREGIVERS; TAKE CARE OF YOURSELF** - 60 min. Terra Nova Films. Topics include: heeding resentment as a warning sign of doing too much, the many feelings of anger, resentment, guilt, sadness, options for self-care, figuring out how much care is "enough".
 156. **CONCORD HOSPITAL HEALTHLINE** - MARCH, 1997 - 30 min. Home Health & Community Supports for Older Persons : featuring Jo Ann Jordan (Division of Elderly & Adult Services) Home Safety for Older Persons.
 157. **RECOGNIZING AND RESPONDING TO EMOTION IN PERSONS WITH DEMENTIA** - 22 minutes, Terra Nova Films, Inc., Chicago, Ill. This video will teach caregivers how to understand and decipher facial expressions, vocal signs, and body language in persons with dementia. 1997.
 158. **SOMEONE I LOVE HAS ALZHEIMER'S DISEASE** - 17 minutes, Injoy

Productions. A video program to help children and their families cope when a loved one has Alzheimer's Disease..1993.

- 158A. **SOMEONE I LOVE HAS ALZHEIMER'S DISEASE** - 17 minutes, second copy of 158.
159. **DEPRESSION IN OLDER ADULTS: The Right to Feel Better** - 30 minutes, Terra Nova Films, Inc.
160. **IN AND OUT OF TIME** - 14 minutes. Fan Light Productions. A tender personal account of a grandmother's loss of memory due to Alzheimer's disease. Rather than dwell on the disease, they document the ways which grandmother can still be engaged in life in using art, music and affection.
161. **HI BUDDY** - A Training Video on Dementia and Developmental Disabilities. Focusing on Down's Syndrome. 18 minutes, Video Press, Baltimore, MD, 1998.
162. **HOW TO HAVE A MEANINGFUL VISIT WITH YOUR LOVED ONES IN A NURSING FACILITY** - 38 minutes, Terra Nova Films, Inc. Learn how, when and where to visit, how to make a visit more productive and meaningful; how to manage feelings of guilt and frustration, how to establish realistic goals and expectations, how to partner and work with staff and care facility, how to solve problems using the care facility's grievance process and ten key activities to be used with a person with dementia.
163. **ALS: A REASON FOR HOPE** - 19 minutes, 1997, Films for the Humanities, Amyotrophic lateral sclerosis, better known as Lou Gehrig's disease, mostly strikes men and women over age fifty. This film discusses the nature of the disease, its progression, and current research underway to discover its causes.
164. **CLINICAL FEATURES OF MYOTONIC DYSTROPHY AND HUNTINGTON'S DISEASE** - 25 Minutes, 1998, Films for the Humanities. Video is divided into two parts, focusing on two diseases passed genetically from parent to child... Myotonic Dystrophy, an autosomal dominant condition which worsens through generations and Huntington's disease, a neurodegenerative disorder.
165. **IN THIS VERY ROOM** - 12 minutes, Senior Community Video Project, Inc. This video clearly demonstrates that the Alzheimer's resident can actively participate in many pleasurable and creative activities. Examples: music, dance, visual art and drama. In interviews family members confirm the value of these creative approaches.
166. **ALZHEIMER'S DISEASE: NATURAL FEEDING TECHNIQUES** - 14 minutes, Washington National Media Development Center. Shows caregiving staff how to manage feeding difficulties in late stage Alzheimer's residents. Techniques that can decrease infection, increase patient comfort and improve quality of life for the person.
167. **CHOICE & CHALLENGE: CARING FOR AGGRESSIVE OLDER ADULTS ACROSS LEVELS OF CARE** - 23 minutes, a training video with supportive printed materials, American Psychiatric Nurses Association, 1998.
168. **LIVING WITH GRIEF: WHO WE ARE, HOW WE GRIEVE** - 2 hr. 30 minutes, Hospice Foundation of America 5th. Annual Bereavement Teleconference, April, 1998. Video unavailable, reported lost.

169. **DON'T LOSE SIGHT OF EYE DISEASE** - 14 minutes, National Eye Health Education Program.
170. **THE BEST THINGS IN LIFE: CONTROLLING DIABETIC EYE DISEASE** - 7 minutes, National Eye Health Education Program.
171. **HEPATITIS A: PROFILES OF A SERIOUS DISEASE** - 12 minutes May, 1998, SmithKline Beecham Pharmaceuticals.
172. **HEPATITIS B: REDUCING THE RISK INHOSPITALITY/INDUSTRY** - 4:17 minutes, April, 1998, SmithKline Beecham Pharmaceuticals.
173. **BLOODBORNE PATHOGENS** - 10 minutes, SmithKline Beecham Pharmaceuticals.
174. **THE HIDDEN DANGER: HEPATITIS B (Healthcare version)** - 15 minutes, SmithKline Beecham Pharmaceuticals Video Network.
175. **HARVIX, HEPATITIS A VACCINE, INACTIVIATED** - 5 minutes, SmithKline Beecham Pharmaceuticals.
176. **THE BRAIN RISK OF, UNDERSTANDING & PREVENTING STROKE** - National Stroke Association, and Pfizer Labs, 18 minutes.
177. **DEMENTIA: THE POWER OF NUTRITION IN CAREGIVING** - An Educational Program Developed For Caregivers, video 12:30 minutes, includes handouts, overheads, instruction manual. Montana Alzheimer's Demonstration Project, Montana Department of Public Health & Human Services, 1998.
178. **DEALING WITH PHYSICAL AGGRESSION IN CAREGIVING: PHYSICAL AND NON-PHYSICAL INTERVENTIONS** - Carly Hellen, OTL/R and Peter Sternberg, L.C.S.W., includes companion workbook with reproducible handouts and 3 videos, one for each three teaching sessions. Videos approx. 25 mins.
179. **THERE'S NO PLACE LIKE HOME: PROMOTING INDEPENDENCE FOR OLDER ADULTS** - National Association of Area Agencies on Aging 1999. This video is designed to let those in local communities know about the services that are available. Approximately 10 minutes.
180. **FAMILY CAREGIVER VIDEO** - This is a videotape of caregiver support group sessions. The group members are multiethnic, intergenerational, and dealing with a variety of illnesses and conditions. They honestly express the frustrations, fears, and anger. The video is useful for lay and professional groups. Of particular interest to health care providers may be the fact that many of those in the group felt that honest and clear communication with their providers was the single most important factor in their ability to provide care. May, 1998 – 16 minutes.
181. **MAXIMIZING RETIREMENT SUPPORT FOR PERSONS WHO ARE AGING** - 15 MIN. COLOR VHS. Good video. Explores the issue of retirement for persons who are aging and developmentally disabled. Presents the challenges of transition and integration of aging DD individuals into senior activities. Includes examples of a *Senior Companion Program* with aging developmentally disabled people that matches retired volunteers.

182. **BARRIER-FREE ENVIRONMENTS FOR PEOPLE WHO ARE AGING AND PHYSICALLY DISABLED** - 13:36 min. color VHS. Two part video. Part I presents the problems that older adults with physical disabilities experience in navigating the community. Actual examples and interviews with older adults increase awareness of challenges even within structures that are "Handicap-Accessible". Describes design features as well as inexpensive "common sense" solutions. Part 2 focuses on sensory deficits and increases viewer awareness of such things as dim lights and noise diffusion. Illustrates the less-obvious challenges to participating in life fully. Pause in video between presentations makes it easy to use only one component if desired. Good application for introduction to aging, orientation programs and community groups. 1994.
183. **GROWING UP & GROWING OLD: CARING FOR OUR PARENTS** - Oregon Public Broadcasting, 120 minutes, VHS format. This video is part documentary and part panel discussion focusing on the immediate and future concerns facing the aging population and those who care for them. The documentary segments portray four family caregivers, the problems they face and the creative means they found for problem-solving.
184. **LIVING WITH HIV** - The Road to Adherence. Hosted by Greg Louganis; Five people living with HIV offer hope and help in adhering to their medications.
185. **ENABLE** - People with Disabilities and Computers; With the Flying Karamazov Brothers.
186. **The First Annual NH Conference in Aging – 2001** - (7) Tapes total. The Conference was co-sponsored by the NH Department of Health and Human Services, Division of Elderly and Adult Services and the NH State Committee on Aging.
- 186-A **The Many Faces of Aging** - Keynote speaker – Jeannette C. Takamura, Ph.D. Immediate Past US DHHS Assistant Secretary for Aging showcased the diversity of our NH aging population, diversity in age, geography, socioeconomic status as well as recognition of the increasing population of ethnic and racial diversity.
- 186-B **Older Americans Act and Social Services Block Grant** -
Presenters: Mary Maggioncalda, Administrator – Division of Elderly and Adult services Robert O'Connell, Regional Program Director – Administration on Aging
This presentation provided an overview of the Older Americans Act (OAA) including a brief history, funding overview, eligibility requirements, federal programs, services funded by New Hampshire. Video includes an update of the changes that occurred since the re-authorization of the Older Americans Act in October 2000. The Social Services Block Grant (SSBG) was also described in this presentation including a brief history, the funding formula to the states, federal requirements, financial and other eligibility criterion and the goals of the program.
- 186-C **Caregiver** - Presenters: Jim Bretz, Specialist – DEAS, Jennifer Zeitzer, Associate Director for Federal Policy – Washington Public Policy office of the National Alzheimer's Association Jo Corbett, Director – New Hampshire Chapter of the Alzheimer's Association.

Last year, the 106th Congress created a new National Family Caregiver Support Program as part of the reauthorization of the Older Americans Act. Under the program, State Units on Aging and Area Agencies on Aging provide a variety of supportive services to family caregivers. In this session participants gained a basic understanding of the new program, learned about implementation efforts in several states and discussed how community groups, such as the Alzheimer's Association, can work with the aging network to support family caregivers.

- 186-D **Protecting Yourself** - Most people we deal with are honest, but we need to recognize those who are not. Christine Gould from HICEAS – Medicare and Medicaid Fraud explains the steps individuals can take to make sure that the services being paid for through Medicare and Medicaid funding are being received by the consumer. Joseph Byron, formerly a Senior Services Officer with the Manchester Police Department, and currently the director of Manchester ServiceLink site gives numerous examples of methods employed to exploit individuals, particularly seniors. He offers practical solutions for dealing with mail fraud and telemarketing schemes, two of the most common ways individuals are exploited.
- 186-E **If not now, When?** - Explores opportunities near and far for education and travel planned with seniors in mind. Carol Bense Interhostel Program Director, describes some of the travel education opportunities offered in the United States and abroad through Interhostel, University of New Hampshire. Rita Curtis, a volunteer with the Granite State Ambassador Program, offers a variety of ideas for visiting places of interest within New Hampshire. Laurie Morrissey, from the College of Lifelong Learning, speaks about educational opportunities for New Hampshire individuals 65 and older, who are eligible for a variety of college courses at state colleges for the minimal cost of registration and supplies.
- 186-F **Transportation and Driving** - Philip Lapore, Coordinator of the *Older Driver Family Assistance Program*, New York State Office for the Aging presented their booklet, written for older drivers and their families, which describes specific items to consider and look for when questioning one's continued ability to drive safely. Kathy Freund, Executive Director of *Independent Transportation Network*, a community based non-profit transportation service for elders in the Portland, Maine area, described their innovative program, its history, operations and financing. She shared information for starting a similar program in other communities. Included with video: (1) Copy of *Older Driver Handbook*, (2) series of articles written by Connie Jones and (3) flyer describing the *Independent Transportation Network*.
- 186-G **Staying at Home** - Features opportunities for planning, financing and constructing home modifications. Phil Spur of Phil Spur Associates, Inc. Architects, discussed the importance of home design in the planning phases – helpful information to baby boomers and those planning new construction. Beverly Mason of USDR shared information about the *Home Repair Loans and Grants for the Elderly*, a federal program designed to assist elders living in rural areas modify and upgrade their homes to meet their physical needs and assure safety at no cost or

through low interest loans depending on eligibility criteria.

187. **How To Choose A Nursing Home** – 30 Minutes. Steve Gibby Productions. Step-by-step method to assist in the selection of a skilled nursing facility. Information includes specific questions to ask, Nursing Home Evaluation form, guided on-site tour, and overview of terms, resources and financial considerations including Medicaid and Medicare.
188. **Caregiving and Loss: Family Needs, Professional Responses** – 4/18/01, Hospice Foundation Special Satellite Broadcast. 2 hours 30 minutes.
189. **Personal Assistance...a Choice for Independence** – Executive Producer, Diane Coleman. This documentary – style video, written by a disability activist, features interviews with three adults with disabilities who share their experiences in maintaining independence by using consumer directed personal assistance services. Interviews with the ethnically diverse trio, two working-age and one elder, are interspersed with footage of the individuals hiring, supervising and working with their personal assistants. Assistive devices are also discussed briefly as tools for independence.

Bibliography of Books

FOR FAMILY CAREGIVERS

1. **THE 36 HOUR DAY** - Mace and Rabins, Warner Publishing Co. (paperback), 1999.
2. **ALZHEIMER'S DISEASE: A GUIDE FOR FAMILIES** - Powell and Courtice, Addison-Wesley Publishing Co., Reading MA, 1983.
3. **UNDERSTANDING ALZHEIMER'S DISEASE** - M. Aronson, Ed. with ADRDA, 1988, Chas. Scribner's Sons, 866 3rd Ave., New York 10022.
4. **THE LOSS OF SELF: A FAMILY RESOURCE FOR THE CARE OF ALZHEIMER'S DISEASE AND RELATED DISORDERS** - Cohen and Eisdorfer, W.W. Norton, New York, 1986.
5. **THE HIDDEN VICTIMS OF ALZHEIMER'S DISEASE: FAMILIES UNDER STRESS** - Zarit, Orr and Zarit, 1985, New York University Press.
6. **ALZHEIMER'S: A CAREGIVER'S GUIDE AND SOURCEBOOK** - Gruetzner, John Wiley and Sons, Inc., 1988.
7. **CARING FOR THE ALZHEIMER PATIENT** - Dippel and Hutton, ed., 1968, Prometheus Books, Buffalo. from Gerontology Publications, 22 Butternut Drive, Keene 03431 357-4005.
- 8.1 **A BETTER LIFE: HELPING FAMILY MEMBERS, VOLUNTEERS, AND STAFF IMPROVE THE QUALITY OF LIFE OF NURSING HOME RESIDENTS SUFFERING FROM ADRD** - Editors Coons, Metzelaar, Robinson, Spencer, 1986 By The Source for Nursing Home Literature, PO Box 1092, Columbus, OH 43216.
- 8.2 **A BETTER LIFE: HELPING FAMILY MEMBERS, VOLUNTEERS, AND STAFF IMPROVE THE QUALITY OF LIFE OF NURSING HOME RESIDENTS SUFFERING FROM ADRD** - Editors, Coons, Metzzelaar, Robinson, Spencer, Consulting Editor: Leslie Y. Lin, 1986, The Source for Nursing Home Literature, POB 1092, Columbus, OH 43216.
9. **DEMENTIA: A PRACTICAL GUIDE TO ALHEIMER'S DISEASE AND RELATED ILLNESSES** - Heston and White, 1983, WH Freeman Co.
10. **CARING: A FAMILY GUIDE TO MANAGING THE ALZHEIMER'S PATIENT AT HOME** - Tanner and Shaw, 1985, NY City Alzheimer's Resource Center, 280 Broadway, NYC 10007.
- 11.1 **MANAGING THE PERSON WITH INTELLECTUAL LOSS AT HOME** - Burke Rehabilitation Center, White Plains, NY 10605.
- 11.2 **CHOOSING A NURSING HOME FOR THE PERSON WITH INTELLECTUAL LOSS** - Burke Rehabilitation Center, 785 Mamoroneck Avenue, White Plains, NY 10605, 1980.
12. **YOU, YOUR PARENT, AND THE NURSING HOME** - Fox, Geriatric Press, Inc., 1421

NE 8th St., Bend, OR 9770, 1982.

13. **COPING AND CARING: LIVING WITH ALZHEIMER'S DISEASE** - AARP, 1986.
14. **DAY BY DAY** - Murphey, 1988, Westminster Press, Philadelphia.
15. **CARING FOR ALZHEIMER'S PATIENTS** - A Guide for Family and Healthcare Providers, ed. Miner et al, 1989, Plenum Press, NYC.
16. **UNDERSTANDING DIFFICULT BEHAVIORS** - Robinson, Spencer, White, Eastern Michigan University and Ann Arbor ADRDA, 1988.2.
- 16.1 **UNDERSTANDING DIFFICULT BEHAVIORS** - Robinson, Spencer, White, Eastern Michigan University, Ann Arbor ADRDA, Michigan 48106, May 1992.
17. **THE YANKEE CAREGIVER: IF YOU CARE FOR SOMEONE WITH ALZHEIMER'S DISEASE"** - Meg Gorman Brunette and Mary Lee Fowler.
18. **HEALING WITH TIME AND LOVE: A GUIDE FOR VISITING THE ELDERLY** - University of Southern CA Press.
19. **CARESHARING: HOW TO RELATE TO THE FRAIL ELDERLY** - V. Katherine Gray, Ebenezer Center for Aging and Human Development, Minneapolis, MN 55407.
20. **ALTERNATIVES: A FAMILY GUIDE TO LEGAL AND FINANCIAL PLANNING FOR THE DISABLED** - L. Mark Russell.
21. **WHEN LOVE GETS TOUGH: THE NURSING HOME DECISION** - Doug Manning, In-Sight Books, 1983.
22. **ALZHEIMER'S DIALOGUE: DRAMATIC READINGS TO STIMULATE DISCUSSION** - Michael S. Franch, Alzheimer's Association, Baltimore/Central Maryland Chapter, 1988.2.
23. **VOL. I. ALZHEIMER'S DISEASE HANDBOOK** - U.S. HHS 1984.
24. **ALZHEIMER'S DISEASE HANDBOOK**.
25. **ENCYCLOPEDIA OF HEALTH: ALZHEIMER'S DISEASE** - Wm. Check, Chelsea House 1989.
26. **OLDER PEOPLE AND THEIR FAMILIES: COPING WITH STRESS AND CONFLICT** - Lisa P. Gwyther, MSW; Deborah T. Gold, Ph. D., Elisabeth Hinman-Smith, MSW, Center for the Study of Aging and Human Development, Duke University Medical Center, 1987.
27. **A CAREGIVERS GUIDE - FOR ALZHEIMER'S AND RELATED DISORDERS** - By Kansas Department of Aging December (1991).
28. **FAMILY GUIDE FOR ALZHEIMER CARE IN RESIDENTIAL SETTINGS** - By Nancy L. Mace, MA, Lisa P. Gwyther, MSW 1992.
29. **COPING WHEN A GRANDPARENT HAS ALZHEIMER'S DISEASE** - By Beth Wilkinson, The Rosen Publishing Group, Inc., New York, 1992.

30. **ALZHEIMER'S DISEASE: A HANDBOOK FOR CAREGIVERS** - Handy, Turnbull, Clark and Lancaster, 1994 Mosby-Yearbook, Inc., 11830 Westline Industrial Drive, St. Louis, Missouri 63146.
31. **SEVEN STEPS TO EFFECTIVE PARENT CARE: A PLANNING AND ACTION GUIDE FOR ADULT CHILDREN WITH AGING PARENTS** - Cohen and Eisdorfer - 1994 Jeremy P. Tarcher, Inc., 5858 Wilshire Blvd., Suite 200, Los Angeles, CA 90036.
32. **SURVIVING ALZHEIMER'S** – By Florian Raymond 1994 by Elder Books (IN LARGE PRINT) the book is a treasure house of practical tips, ideas, and survival strategies. It describes how to renew and restore yourself through the ups and downs of caregiving and shows how to take care of yourself as well as the patient.
33. **WHEN LIVING ALONE MEANS LIVING AT RISK** - Edited By: Robert W. Buckingham, A Guide for Caregivers and Families. This important new book brings together a variety of authors who seek to assist family and friends in recognizing the danger signs that surround an at-risk elder, while making vital distinctions between those types of behavior that give cause for worry and those that can best be described as idiosyncratic.
34. **FACING ALZHEIMER'S** - By Patricia Brown Coughlan - An exciting job of addressing the exacting emotional toll that Alzheimer's can have on American families.
35. **CARING FOR YOUR PARENTS** - A Sourcebook of Options & Solutions for both generations, Helen MacLean, Doubleday and Company, Inc. Garden City, N.Y. 1987.
36. **LIVING WITH GRIEF AFTER SUDDEN LOSS** - Suicide, Homicide, Accident, Heart attack, Stroke. Doka, Kenneth. Hospice Foundation of America 1996.
37. **HOW TO GET FAMILIES MORE INVOLVED IN THE NURSING HOME** - 1996.
38. **THE COMPLETE GUIDE TO ALZHEIMER'S PROOFING YOUR HOME** - Warner, Mark L., Purdue University Press, 1998.
39. **THE CAREGIVER HELPBOOK: POWERFUL TOOLS FOR CAREGIVING** – “This book, developed as part of the family caregiver education program “Taking Care of You: Powerful Tools for Caregiving”, is designed to provide caregivers with tools to increase self-care and give them confidence in handling difficult situations, emotions and decisions.” 2000.

CAREGIVING MANUALS (FAMILY, HOME CARE AND INSTITUTIONAL)

1. **LEGAL TECHNIQUES FOR FINANCIAL, MEDICAL AND PERSONAL PLANNING FOR ALZHEIMER'S FAMILIES IN NEW HAMPSHIRE** - Nov. 1989, DEAS and Monadnock Chapter of AA, Concord and Keene.
2. **ONCE I HAVE HAD MY TEA: A GUIDE TO UNDERSTANDING AND CARING FOR THE MEMORY-IMPAIRED ELDERLY** - Hladik, 1982, Jacksonville.
3. **CARING: A FAMILY GUIDE TO MANAGING THE ALZHEIMER'S PATIENT AT HOME** - NY State Dept. of Social Services.
4. **THE CARING HOME BOOKLET: (ENVIRONMENTAL COPING STRATEGIES FOR**

- ALZHEIMER'S CAREGIVERS**) - By: Jon Pynoos, Evelyn Cohen and Claire Lucas, University of Southern California - 1988.
5. **OVERCOMING BARRIERS TO APPROPRIATE SERVICE USE** - (Effective Individualized Strategies for Alzheimer's Care) By: Lisa P. Gwyther, Edna L. Ballard and Elisabeth A. Hinman-Smith. Duke Medical Center - North Carolina, 1990.
 6. **CAREGIVERS PRACTICAL HELP** - (Caring for Alzheimer's Patients) By Jane G. Gould, Director of New York State Office for the Aging.
 7. **OPTIMUM CARE OF THE NURSING HOME RESIDENT WITH ALZHEIMER'S DISEASE** - ("Giving a Little Extra") By: Edna L. Ballard and Lisa P. Gwyther also includes a video (Assisting the Nursing Home Resident with Alzheimer's Disease) Produced for Research Center at Duke University Medical Center in Durham.
 8. **OLDER PEOPLE AND THEIR FAMILIES** - Coping with Stress and Conflict By: Center for the Study of Aging and Human Development, Duke University Medical Center, Durham, N.C. - Pub. 1987.
 9. **MANAGING BEHAVIOR PROBLEMS IN NURSING HOME RESIDENTS** - (A Manual for Nursing Home Staff). By Jo A. Taylor and Wayne A. Ray. Information on Care, Behavior, use of medicine, and any side effects in the residents.
 10. **SPECIAL CARE UNITS FOR PEOPLE WITH ALZHEIMER'S AND OTHER DEMENTIAS** - (Consumer education, research, regulatory and reimbursement issues) Summary by the Congress of the US Office of Technology Assessment.
 11. **JOIN THE CLUB** - (Meeting the Special Needs of Men with Alzheimer's Disease) By Molly Tully and Joan Turner 1992.
 12. **DAY CARE FOR DEMENTIA** - (A manual of instruction for developing a program) By John Penella, Jr. and Fletcher H. McDowell. Published by The Burke Rehabilitation Center Auxiliary, 1983.
 14. **THE VANISHING MIND** - A Practical Guide to Alzheimer's Disease and other Dementias. Leonard L. Heston and June A. White, W. H. Freeman and Company, New York, 1991.
 15. **HOMES THAT HELP - ADVICE FROM CAREGIVERS FOR CREATING A SUPPORTIVE HOME** - Olsen, Ehrenkrantz and Hutchings, 1993 New Jersey Institute of Technology, Newark, NJ 07102.
 17. **FAMILIES WHO CARE** - Assisting African American and Rural Families Dealing with Dementia - By Constance L. Coogle & Ruth B. Finley.
 18. **ALZHEIMER'S: FINDING THE WORDS** - A Communication Guide for Those Who Care, Hodgson, Harriet, CHRONIMED, 1995, 250 pp.
 19. **CARING FOR PEOPLE WITH ALZHEIMER'S DISEASE: A TRAINING MANUAL FOR DIRECT CARE PROVIDERS** - Gayle Andersen, Health Professions Press, 1995, Baltimore, 189 pp.
 20. **INDIVIDUALIZED DEMENTIA CARE: CREATIVE, COMPASSIONATE APPROACHES** - Joanne Rader, 1995 - Springer Publishing Co. 289 pp.

21. **EARLY-STAGE ALZHEIMER'S CARE : A GUIDE FOR COMMUNITY-BASED PROGRAM** - Diane Weddington 1994 - Springer Publishing Company – 159 pp.
22. **THERAPEUTIC INTERVENTIONS IN ALZHEIMER'S DISEASE** - Second Edition Joan K. Glickstein, Aspen Publication, 1997.
23. **DESIGNING FOR ALZHEIMER'S DISEASE** - Strategies For Creating Better Care Environments, Elizabeth C. Brawley 1997, Wiley Series in Healthcare and Senior Living Design.
24. **INTERVENTIONS FOR ALZHEIMER'S DISEASE** - A caregiver's complete reference Ruth M. Tappen, Ed. D., FAAN Florida Atlantic University.
25. **YOU ARE ONE OF US** - Successful Clergy Church Connections to Alzheimer's Families. Lisa P. Gwyther, Center For Aging Alzheimer's Family Support Program, The Joseph and Kathleen Bryan Alzheimer's Disease Research Center. Duke University Medical Center.
26. **TOWARD A FULLER LIFE: A GUIDE TO EVERYDAY LIVING WITH HUNTINGTON'S DISEASE** - Includes information regarding clothing, safety, personal care, behavior, loss and grief.
27. **IT TAKES MORE THAN LOVE: A PRACTICAL GUIDE TO TAKING CARE OF AN AGING ADULT** - Anita Beckerman and Ruth Tappen, Health Professions Press, 2000.
- 27.B **IT TAKES MORE THAN LOVE: A PRACTICAL GUIDE TO TAKING CARE OF AN AGING ADULT** - Anita Beckerman and Ruth Tappen, Health Professions Press, 2000.
28. **MALE CAREGIVERS' GUIDEBOOK** - Caring for Your Loved One with Alzheimer's at Home, 1992, Alzheimer's Association, Des Moines Chapter, 1200 Pleasant Street, Des Moines, IA 50309.
29. **UNEXPLAINED JOURNEY** – A collection of poignant reflections written by the caregiver-wife of an individual diagnosed with Alzheimer's. The author deals with topics such as emotions, relationships, impact and coping, among others. Easy reading about a very difficult subject. (129 pages). Copyright 2000 Susan G. Miller
30. **CAREGIVING AND LOSS: FAMILY NEEDS, PROFESSIONAL RESPONSES** – this book is part of the Hospice Foundation of America's *Living With Grief* series. "A compelling and poignant portrayal of the issues, insights, and "lessons learned" by the people in hospice who care for dying patients and their families. This book will do much to expand and deepen understanding of the compassionate, quality end-of-life care provided by hospice". Karen A. Davie, President, National Hospice and Palliative Care Organization. 2001. 331pp.
31. **NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM (Title III-E and Title VI-C)** - The Older Americans Act Amendments of 2000 authorized the creation of the National Family Caregiver Support Program to help many thousands of family members with the care of their older loved ones. Responsibility for implementation of the program rests with the *national aging services network*- The Administration on Aging, State Units on Aging, Area Agencies on Aging, Indian Tribal Organizations, and service providers. Intended primarily for this audience, this report highlights the significant progress made by states, tribes, communities, and public and private organizations throughout the country in implementing the program.

32. **THE COMFORT OF HOME (2nd Edition)** – An illustrated Step-By-Step Guide for Caregivers - A basic, but complete guide for family caregivers to home health care. It covers a wide range of topics, not just medical needs. Practical tips and illustrated solutions to help with everyday activities, as well as complicated and stressful situations.

PERSONAL STORIES

1. **STOLEN MIND: THE SLOW DISAPPEARANCE OF RAY DOERNBERG** - Doernberg, Algonquin Books, POB 2225, Chapel Hill NC 27515, 1989.
2. **ANOTHER NAME FOR MADNESS** - Roach, 1985, Houghton Mifflin, Boston.
3. **MY JOURNEY INTO ALZHEIMER'S DISEASE** - A Story of Hope, Davis, 1989, Tyndale House, Wheaton, Ill.
4. **GRAMPS** - Jury, Grossman Publishers, Division of Viking Press, NY, 1976.
5. **LIVING IN THE LABYRINTH** - A personal journey through the maze of Alzheimer's by Diane Friel McGowin, Elder Books, San Francisco, 1993.
6. **LIVING WITH ALZHEIMER'S (RUTH'S STORY)** - By Art Danforth - 1986, The Prestige Press, Falls Church, VA 22042-0608.
7. **HANNAH'S HEIRS: THE QUEST FOR THE GENETIC ORIGINS OF ALZHEIMER'S DISEASE** - By Daniel A. Pollen, 1993. Oxford University Press, Inc., New York, NY 10016.
8. **SHOW ME THE WAY TO GO HOME** - Rose, Larry, Elder Books, Forest Knolls, California, 1996
9. **MY PARENTS AND ALZHEIMER'S: A DAUGHTER'S STORY** – Janet M. Stone, Vantage Press, Inc., 2000, 236 pages. Ms. Stone provides a detailed account of a middle-aged daughter's creative relationship with her parents dying process. All who are facing similar challenges will find this book helpful. The author portrays, often with humor, her resolve to turn tragedy into vibrant life

TRAINING AND RESEARCH

1. **CARE OF ALZHEIMER'S PATIENTS: A MANUAL FOR NURSING HOME STAFF** - Lisa Gwyther ACSW, American Health Care Assn. and ADRDA, 1985, from Monadnock ADRDA, 603-352-4400.
2. **SUPPORT GROUPS FOR CAREGIVERS OF THE AGED: A TRAINING MANUAL FOR FACILITATORS** - Community Service Society, 105 E. 22nd Street, NYC 10010, 1981.
3. **ALZHEIMER'S FAMILY SUPPORT GROUPS: A MANUAL FOR GROUP FACILITATORS** - US Department of Health and Human Services, 1984, DHHS Pub # (OHDS) 84-20815, US Government Printing Office, Washington, DC 20402.
4. **WORKING WITH FAMILIES OF DEMENTIA VICTIMS: A TREATMENT MANUAL** - US Department of Health and Human Services, 1982, DHHS Pub. # (OHDS) 84-20816, (address above).

5. **MANUAL ON ALZHEIMER'S DISEASE FOR TRAINING HOMEMAKERS AND HEALTH AIDES** - Rosalie Wolf, 1988, Eastern Massachusetts Alzheimer's Association.
6. **IN-HOME RESPITE CARE: GUIDELINES FOR TRAINING RESPITE WORKERS SERVING MEMORY-IMPAIRED ADULTS** - Ballard and Gwyther, 1988, Duke Center for the Study of Aging, Durham.
7. **HOW TO CARE FOR THE ALZHEIMER'S DISEASE PATIENT: A COMPREHENSIVE TRAINING MANUAL, REVISED EDITION** - 1988, Kahn, Scholman, Steinberg, Foundation for Hospice and Homecare.
8. **COMMUNITY AND HOME HEALTH CARE PLANS** - Dolan, 1990, Springhouse Corp. Springhouse, PA.
9. **WANDERING BEHAVIOR AND LONG-TERM CARE: AN ACTION GUIDE** - Foundation of American College of Health Care Administrators, 325 South Patrick Street, Alexandria, Virginia 22314.
10. **INSTITUTIONAL CARE OF THE MENTALLY IMPAIRED ELDERLY** - Jacqueline Singer Edelson and Walter H. Lyons, Van Nostrand Reinhold.
11. **HEALTH ISSUES FOR HOUSING MANAGERS: ALZHEIMER'S DISEASE** - David G. Allen, R.N. Ph. D., University of Wisconsin-Madison.
12. **ALZHEIMER'S DISEASE PATIENT CARE: TECHNIQUES FOR LONG TERM CARE PROVIDERS** - ADRD Association, Inc., Greater Phoenix Chapter.
13. **RESPITE COMPANION PROGRAM MODEL: PROGRAM INNOVATIONS IN AGING VOL. VII** - Lorraine Lidoff, National Council on Aging, 1983.
14. **TIME OUT: AN INTERGENERATIONAL APPROACH TO RESPITE CARE FINAL REPORT AND EXECUTIVE SUMMARY** - Temple University, Institution on Aging, Philadelphia, PA 19122.
15. **FAMILY SUPPORT GROUP LEADER'S MANUAL, ADRD** - Dept. of Elder Affairs Des Moines, Iowa 50319.
16. **HOW TO START A RESPITE SERVICE FOR PEOPLE WITH ALZHEIMER'S AND THEIR FAMILIES** - Brookdale Foundation of Hunter College 1987.
17. **RESIDENTIAL HEALTH CARE FACILITY TRAINING PROJECT** - Brookdale, 1980? NY State Department of Social Services.
18. **ALZHEIMER'S DISEASE: REPORT OF THE SECRETARY'S TASK FORCE ON ALZHEIMER'S DISEASE** - US Dept. of HHS 1984.
19. **THE PHYSICIAN AND THE HOPELESSLY ILL PATIENT: LEGAL, MEDICAL AND ETHIC GUIDELINES, SOCIETY FOR THE RIGHT TO DIE** – 1985.
20. **CURRENT CONCEPTS: THE PSYCHOPATHOLOGY OF AGING** - Eisdorfer, Cohen and Veith, Upjohn, University of Washington Department of Psychiatry.
21. **1990 ALZHEIMER'S ASSOCIATION DIRECTORY OF STATE ALZHEIMER'S PROGRAMS AND LEGISLATION.**

22. **ALZHEIMER'S DISEASE HANDBOOK VOL I** - US Department HHS, 1984.
23. **ALZHEIMER'S DISEASE: CAREGIVER PRACTICES, PROGRAMS AND COMMUNITY-BASED STRATEGIES** - Suncoast Gerontology Center, University of Southern Florida 1989.
24. **ALZHEIMER'S DISEASE: INSTRUCTOR'S MANUAL, TEACHING SERIES FOR HEALTH CARE PROVIDERS** - Krewson, Penn. Dept. of Aging.
25. **A BASIC APPROACH TO AMBULATION, PROBLEMS RELATED TO THE AGING PROCESS: LEADER'S GUIDE** - Piedmont Geriatric Institute, Burkeville, Virginia 23922, 1984.
26. **ALZHEIMER'S DIALOGUE**: Dramatic Readings to Stimulate Discussion, Michael S. Franch, Alzheimer's Association, Baltimore/Central Maryland Chapter 1988.
27. **ADULT DAY CARE FOR PERSONS WITH ADRD**: A Training Manual For Staff, Levine and Scharf, Menorah Park Center for Aging, Ohio.
28. **ALZHEIMER'S 101: THE BASICS FOR CAREGIVING TRAINER'S MANUAL** - South Carolina ETV (see #28 on video tape listing).
29. **FAMILY SUPPORT GROUP LEADER'S MANUAL** - Iowa Dept Elder Affairs 1988.
30. **ALZHEIMER'S FAMILY SUPPORT GROUPS: MANUAL FOR GROUP FACILITATORS** - HDS 1984.
31. **COMFORTING THE CONFUSED: STRATEGIES FOR MANAGING DEMENTIA** - Hoffman and Platt, National Health Publishing, 1990.
32. **ALZHEIMER'S DISEASE: THE SILENT EPIDEMIC** - Danuta Stachow, BA, RN, 1990. Contains 5 learning units covering subjects as AD symptoms, diagnosis and stages plus current research and strategies for intervention. This includes 2 cassette tapes.
33. **DEMENTIA: CARING FOR THE MEMORY IMPAIRED: STRATEGIES AND TECHNIQUES THAT WORK** - Janet C. Sawyer, Edna Ballard, Pamela Autrey, North Carolina Department of Human Resources, Division of Aging, Raleigh, NC 27603, 1990.
34. **A MANUAL FOR TRAINERS OF DIRECT SERVICE STAFF IN SPECIAL DEMENTIA UNITS** - By Dorothy H. Coons and Lena Metzelaar, The University of Michigan – 1990.
35. **CARE TO THE CAREGIVER IN ALZHEIMER'S DISEASE: A CURRICULUM GUIDE** - By Marcela Gutierrez-Mayke, Ph. D. The National Resource Center on Alzheimer's Disease, Suncoast Gerontology Center, University of Florida and **SPECIAL CARE FOR ALZHEIMER'S DISEASE PATIENTS: AN EXPLORATORY STUDY OF DEMENTIA SPECIFIC CARE UNITS** - By Richard Cairl, Ph. D., Jordan Kosberg, Ph. D., Neil Henderson, Ph. D., Eric Pfeiffer, M.D., National Resource Center on Alzheimer's Disease, Suncoast Gerontology Center, University of South Florida.
36. **MEDICATIONS USED FOR MENTAL DISORDERS IN THE ELDERLY** - A Caregiver's Guide. Written by: Christopher C. Colenda, Robert B. Goos and Robert E. Lewis. Copyright 1991 by Piedmont Geriatric Institute, Burkeville, VA 23922.
37. **MAGIC, MYSTERY, MODIFICATION AND MIRTH, THE JOYFUL ROAD TO**

- RESTRAINT-FREE CARE** - A manual on history of current restraint use, reasons used, problems identified with restraints, implications for practice, etc. By Joanne Rader, RN, MN, Contributing Author Maggie Donius, RN, MN. Benedictine Institute for Long Term Care, Mt. Angel, Oregon.
38. **DELIRIUM OR DEMENTIA? A NURSING CHALLENGE** - A manual on educational module for nurses developed for the purpose of teaching them the clinical differences between delirium and dementia. By Catherine Reilly Morency, Sue Levkoff, Lewis Lipsitz.
39. **DIRECTORY OF EDUCATION PROGRAMS FOR CAREGIVERS OF ELDER** - A three-ring binder with program profiles produced by the Center on Rural Elderly. University of Missouri-Kansas City 1991 edition.
40. **THE ENDS OF TIME (LIFE AND WORK IN A NURSING HOME)** - Lively account of life in an average American nursing home; analyzes the lives and experiences of residents, staff members, and volunteers. By Joel S. Savishinsky.
41. **A GIFT OF TIME: THE SONOMA COUNTY ALZHEIMER'S TASK FORCE - RESPITE WEEKEND GUIDEBOOK** - By Lauren Newman, OTR, Diamond Rehab. Santa Rosa, CA 94505 Copyright – 1992.
42. **GUIDELINES FOR PASTORAL CARE OF OLDER PERSONS IN LONG-TERM CARE SETTINGS** - This is a project of the interreligious liaison office special projects section - program department - American Association of Retired persons.
43. **THE COMPLETE CARE PLAN MANUAL FOR LONG TERM CARE** - Connie S. March AHA, 1992, 123 pages. The manual gives long-term care providers a flexible easy-to-use tool for developing resident care plans that maximize the use of staff time, ensure the quality of individuals.
44. **RECLAIMING THE MAGIC OF CARING: STRATEGIES FOR UNDERSTANDING BEHAVIORS AND REDUCING PSYCHIATRIC MEDICATIONS** - By Joanne Rader, Editor, Benedictine Institute for long-term care, Oregon 1992, 245 pages. Presents a new attitude and approach to examining behavioral symptoms, assists providers, regulators and consumers in identifying appropriate care practices and standards related to behavioral symptoms.
45. **SPECIAL CARE UNITS FOR PEOPLE WITH ALZHEIMER'S AND OTHER DEMENTIAS** - 1992 report of the Office of Technology Assessment, US Congress. Covers consumer education, research, regulatory and reimbursement issues.
46. **RESPITE CARE AIDE TRAINING MANUAL** - Family Survival Project, San Francisco, California 1989.
47. **ABC'S OF BEHAVIOR CHANGE** - Skills for working with behavior problems in nursing homes (1) A guide for trainers, (2) A workbook for Nursing Assistants. Reprint gerontology center Penn State By: Margaret D. Cohn, Michael S. Smyer, Ann L. Horgas 1991.
48. **A MANUAL FOR TRAINING THE PROGRAM ASSISTANT IN ADULT DAY CARE** - The National Institute on Adult Day Care, 1993. 163 pg. training manual.
49. **ALZHEIMER'S DISEASE AND MARRIAGE** - 1993 By Lore K. Wright, Sage Publications, Inc., 2455 Teller Road, Newbury Parks, CA 91320. Presents an in-depth

look at all dimensions of marriage, both in normal aging couples, and in couples in which one spouse had AD; provides strategies and guidelines for interventions.

50. **"MANAGING THE ENVIRONMENT OF CARE: LONG-TERM CARE, SUBACUTE CARE AND DEMENTIA UNITS"** - Joint Commission on Accreditation of Healthcare , One Renaissance Blvd., Oakbrook Terrace, Illinois , 60181, 1995, 156 pp.
51. **"BEHAVIORAL COMPLICATIONS IN ALZHEIMER'S DISEASE"** - Edited by Lawlor, B.,M.D., American Psychiatric Press, 1995. Provides clinicians with practical management strategies for the identification, measurement and treatment of behavioral symptoms in persons with A.D.
52. **"THE PARAPROFESSIONAL IN HOME HEALTH AND LONG-TERM CARE: TRAINING MODULES FOR WORKING WITH OLDER ADULTS"** - Cervantes, E., Heid-Grubman, J. Schuerman, C., Health Professional Press. 1995. This clearly written training manual offers health care professionals a comprehensive guide for providing high-quality in-service education. Includes 12 detailed units.
53. **WITH GOD'S OLDEST FRIENDS** - Pastoral Visiting in the Nursing Home, Simmons, Henry C. and Peters, Mark, 1996, Paulist Press, N.Y.
54. **LET US SERVE THEM ALL THEIR DAYS** - Young Volunteers Serving Homebound Elderly Persons, A Handbook of Program Ideas, 1992, The National Council on Aging.
55. **CASE MANAGEMENT STANDARDS** - Guidelines for Practice, The National Institute on Community Based Long-Term Care, 1994, a constituent unit of The National Council on Aging.
56. **INTERVENTIONS FOR ALZHEIMER'S DISEASE, A CAREGIVER'S COMPLETE REFERENCE** - Tappen, Ruth M., Florida Atlantic University, Health Professions Press, 1997.
57. **THE LONG-TERM CARE NURSING ASSISTANT TRAINING MANUAL, SECOND EDITION** - Anderson, Beaver, Culliton, Health Professions Press, 1996.
58. **HOSPICE CARE FOR PATIENTS WITH ADVANCED PROGRESSIVE DEMENTIA** - Volicer, Ladislav, MD, PhD and Hurley, Ann, RN, DSNc, Springer Publishing Company, 1998.
59. **BEHAVIORS IN DEMENTIA: BEST PRACTICES FOR SUCCESSFUL MANAGEMENT** - Kaplan, Mary and Hoffman, Stephanie B., Health Professions Press, 1998.
60. **DEMENTIA, AGING, AND INTELLECTUAL DISABILITIES** - A Handbook, Janicki, Matthew P. and Dalton, Arthur J., Editors, Brunner/Mazel, 1999.
61. **RESEARCH AND PRACTICE IN ALZHEIMER'S DISEASE** - 1998, Serdi Publisher, Springer Publishing Company, 1998.
62. **ADVANCES IN THE DIAGNOISIS AND TREATMENT OF ALZHEIMER'S DISEASE** - Kumar, Vinod and Eisdorer, Carl, Editors, Springer Series in Psychiatry, 1998.
63. **ELDER ABUSE PREVENTION TRAINING MANUAL** - Produced by Lifespan, Funded by the New York State Office For the Aging. Geoge E. Pataki, Governor- Walter Hoefer, Director for the New York State Office for the Aging.

64. **STAYING WELL** - Teaching Tools for Older Adults, Developed by Ohio Department of Aging , Health, State University Extension.
65. **CONTROVERSIAL ISSUES IN AGING** - Edited by Andrew E. Scharlach & Lenard W. Kaye., 1997.
66. **THE FUTURE OF LONG-CARE - SOCIAL AND POLICY ISSUES** - Edited by: Robert Binstock, MD, Leighton E. Cluff, MD, & Otto Von Mering, MD. 1996.
67. **SPECIAL AGING POPULATIONS AND SYSTEMS LINKAGES** – A book written for social workers, this publication addresses the unique concerns of special older populations such as individuals with AIDS, developmental disabilities, and alcoholism. It also addresses the importance of establishing networks to better meet the needs of these individuals, and identifies some of the difficulties encountered in the formation of interest groups, task forces and coalitions. (145 pages). 1996. M. Joanna Mellor, DSW, Editor.

TEXTBOOKS ON ALZHEIMER'S DISEASE

1. **DAY CARE PROGRAMS FOR ADRD** - Panella, Demos Publications 156 5th Avenue, New York 10010, 1987.
2. **LOSING A MILLION MINDS: CONFRONTING THE TRAGEDY OF ADRD** – US Congressional Office of Technology Assessment, 1987, US Government Printing Office, Document Order OTA BA 323.
3. **VALIDATION: THE FEIL METHOD: HOW TO HELP DISORIENTED OLD-OLD** - Feil, Feil Productions, 4614 Prospect Avenue, Cleveland, OH 44103, 1982.
4. **GULAF 65: A HUMANIST LOOKS AT AGING** - Plank, Peter Lang Publishers, 1989, New York.
5. **ALZHEIMER'S DISEASE: A PRACTICAL GUIDE FOR THOSE WHO HELP OTHERS** - Ronch, 1989, Continuum Pub. Co.
6. **A GUIDE TO THE UNDERSTANDING OF ALZHEIMER'S DISEASE AND RELATED DISORDERS** - Jorm, 1987, NYU Press, New York.
7. **DEMENTIA CARE: PATIENT, FAMILY AND COMMUNITY** - Mace ed., 1990, John Hopkins Press, Baltimore.
8. **TREATMENTS FOR ALZHEIMER'S PATIENTS** - Jarvik and Winograd, 1988, Springer Books, New York.
9. **MEMORY, AGING, AND DEMENTIA** - Theory, Assessment and Treatment, Gilmore, Whitehouse and Wykle ed., 1989, Springer Books, New York.
10. **CLINICAL MANAGEMENT OF ALZHEIMER'S DISEASE** - Volicer, Fabiszewski and Lasch;1988,Aspen.
11. **MEDICATIONS AND THE ELDERLY** - A Guide for Promoting Proper Use, Simonson, 1984,Aspen.
- 12A **CONFUSED MINDS, BURDENED FAMILIES** - US Congress OTA Report 1990 (summary).

- 12B **CONFUSED MINDS, BURDENED FAMILIES** - (full report).
13. **SPECIALIZED DEMENTIA CARE UNITS** - Edited by Dorothy H. Coons, 1991 Edition.
14. **HOLDING ON TO HOME** - By Uriel Cohen and Gerald D. Weisman – 1990.
15. **GUIDELINES FOR DIGNITY: GOALS OF SPECIALIZED ALZHEIMER/DEMENTIA CARE IN RESIDENTIAL SETTINGS** - July 1992 First Edition By The Alzheimer's Association Patient and Family Services. Chicago, Illinois.
16. **DEMENTIA UNITS IN LONG-TERM CARE** - By Philip D. Soanne, MD, MPH and Laura J. Matthew, RN, MPH.
17. **CONSIDERATIONS WHEN DEVELOPING NURSING HOME DEMENTIA CARE UNITS** - By Alzheimer's Coalition of Connecticut 11/89.
18. **FAMILY CAREGIVING - AGENDA FOR THE FUTURE** - Edited by Marjorie H. Cantor, 1994 American Society on Aging, 833 Market Street, San Francisco, CA 94103.
19. **SEXUALITY AND THE ALZHEIMER'S PATIENT** - Ballard and Poer. 1992 The Duke University Medical Center, Office of Communications, DUMC 3600, Durham, North **THE OLDER AMERICANS ACT** Carolina 27710.
20. **SPECIAL NEEDS DEMENTIA UNITS: DESIGN, DEVELOPMENT, AND OPERATIONS** - Nancy Peppard, Springer Publishing Company, 1991.

MENTAL HEALTH

- 1 **THE DEPRESSION WORKBOOK** – This workbook is designed to be used by people experiencing depression or extreme mood swings, to serve as a guide for achieving stability and wellness to the degree possible. The material in the book is based on the findings of a study of 120 volunteers with a wide variety of backgrounds and experiences, from all different parts of the country, who have experienced depression or mania and depression. Their thoughts, feelings, ideas, successes and frustrations have been carefully documented throughout the book. By Mary Ellen Copeland, M.S., 1992, New Harbinger Publications, Inc.
- 2 **LIVING WITHOUT DEPRESSION & MANIC DEPRESSION** – A workbook written for anyone who experiences depression, and for the people who love and support them. It contains recommendations and ideas from people who have experienced extreme depression on coping skills and wellness strategies, emphasizing what individuals can do to help themselves. By Mary Ellen Copeland, M.S. New Harbinger Publications, Inc., 10/94.
- 3 **WINNING AGAINST RELAPSE** – The author discusses in detail the Wellness Recovery Action Plan (WRAP), a structured system for monitoring uncomfortable or distressing symptoms, unhealthy habits or behavior patterns associated with reoccurring mental or physical illness. WRAP helps individuals think about the beginning stages/processes of their problem or illness and be more aware of the subtle early warning signs in order to deal with them effectively to avoid full-blown relapse(s). By Mary Ellen Copeland, M.S., New Harbinger Publications, Inc., 1999.
4. **Substance Abuse Among Older Adults: Treatment Improvement Protocol (1998)** – A “best practice” guideline for the treatment of substance abuse provided by The

5. **Substance Abuse Among Older Adults: A Guide for Social Service Providers (2002)** – Desk Reference to accompany the **Treatment Improvement Protocol**.

ABUSE AND NEGLECT

- 1 **HEALING THE TRAUMA OF ABUSE** – This workbook is a practical, step-by-step guide through the recovery and healing process for women who have experienced sexual, emotional, or physical abuse in childhood and/or adulthood. The workbook is based on an approach to trauma recovery developed by Maxine Harris and clinicians at Community Connections, a mental health agency in Washington, D.C. By Mary Ellen Copeland, M.S. and Maxine Harris, Ph.D., 2000.

FOR CHILDREN

1. **GRANDPA DOESN'T KNOW IT'S ME** – Is a realistic, touching and sensitively written book for children about a young granddaughter's relationship with her grandfather who develops Alzheimer's disease. It is designed to answer some of the questions that arise: What is wrong? Did I do anything to cause it? Will you get it? Will I get it? The book expresses love, understanding and the child's involvement in her grandpa's care. Donna Guthrie, 1986, Human Sciences Press, New York.
2. **WILFRED GORDON MCDONALD PARTRIDGE** – The character lives next door to an "old people's home". He knows all the people who live there and visits often. This story for young readers tells of how he helped his best friend who lived there find her memory. It is a short, colorful and touching story that looks at what a memory really is. Mem Fox, Kane Miller Pub., 1985 available at Public Library.
3. **DOC** - R. Graber, Harper and Row, 1986 available at Public Library.
4. **GOING BACKWARDS** - Klein, Scholastic, Inc., New York, 1986 available at Public Library.
5. **MY GRAMMY** – Although this book is fiction, it is filled with realism as the reader meets a family learning to accept and to deal with Alzheimer's disease. This can be a difficult and confusing time, especially for children, who don't often understand what is happening to the Alzheimer's patient. This book will help young readers better understand some of the changes that occur in someone with Alzheimer's disease. By Marsha Kibbey, Carolrhoda Books, Inc., 1988, Minneapolis, MN.
6. **ALZHEIMER'S DISEASE 1990** - Laurie Beckelman, Macmillan/Crestwood House Gr. 4-6 available at Public Library.
7. **SACHIKO MEANS HAPPINESS** - Kimiko Sakai 1990. A simply told, understated story of young Sachiko's acceptance of her grandmother's Alzheimer's disease. Set within a Japanese-American family, this deftly created tale shows how Sachiko's initial irritation with her grandmother's erratic behavior changes to compassion and tact.

8. **TALKING WITH CHILDREN AND TEENS ABOUT ALZHEIMER'S DISEASE** - A question and answer guidebook for parents, teachers, and caregivers. 1992. James M. McCrea, Generation's Together, Pittsburgh, PA. Handbook to help young people gain confidence in their ability to communicate with older persons with dementia in a more trusting and empathetic way. 73 pages.
9. **CHILDREN MOURNING, MOURNING CHILDREN** - Kenneth Doka, editor, Hospice foundation of America 1995.
10. **The Memory Box** – By Mary Bahr 1992. “The Memory Box” is a wonderfully sensitive story of a young boy who learns of his grandfather's Alzheimer's disease. This short story gives the family an opportunity to discuss this disease and what it means to them. It also provides the reader with a great idea for collecting and sharing memories.

ACTIVITIES FOR PERSONS WITH DEMENTIA

1. **ACTIVITIES AND APPROACHES FOR ALZHEIMER'S** - Freeman, Sally, 1987. \$12.95 from Sally Freeman, P O Box 1817, St. Simon's Island, GA 31522.
2. **DOWN MEMORY LANE** – Karras, 1985, Circle Press. Topics and ideas for reminiscence groups in nursing and retirement homes, especially music activities.
3. **WHY BOTHER, HE'S OLD AND CONFUSED** - Judd, 1971, Canada. Understanding of and activities for the confused geriatric patient. Gerontology Publications, 22 Butternut Drive, Keene, NH 03431, 357-4005.
4. **FAILURE-FREE ACTIVITIES FOR THE ALZHEIMER'S PATIENT** - Sheridan, Cottage Books, 731 Treat Avenue, San Francisco, CA 94110, 1987.
5. **SAFE THERAPEUTIC EXERCISE FOR THE FRAIL ELDERLY** - Hurley, 1988, Center for Study of Aging, 706 Madison Avenue., Albany, NY 12208.
6. **THERAPEUTIC INTERVENTIONS IN ALZHEIMER'S DISEASE: A PROGRAM OF FUNCTIONAL COMMUNICATION SKILLS FOR ACTIVITIES OF DAILY LIVING** - Glickstein, 1988, Aspen Publications, Rockville, MD.
7. **TREATMENTS FOR THE ALZHEIMER PATIENT: THE LONG HAUL** - Jarvik and Winograd, 1988, Springer Publishing, NY.
8. **INTERACTIONS BY DESIGN: THE POSITIVE INTERACTIONS PROGRAM FOR VICTIMS OF ADRD** - Nissenboim and Vroman, 1988, Geri-Active Consultants, P O Box 26025, St. Louis, MO 63126.
9. **DOING THINGS: A GUIDE TO PROGRAMMING ACTIVITIES FOR PERSONS WITH ADRD** - Zgola, 1987, John Hopkins Press, Baltimore.
10. **DESIGN FOR DEMENTIA: PLANNING ENVIRONMENTS FOR THE ELDERLY AND CONFUSED** - C. Valkins, M. Arch. National Health Publishing.
11. **ACTIVITY CARE PLANS FOR LONG-TERM CARE FACILITIES** - Sander, 1988, M&H Pub. Co., Houston (2 copies).

12. **FRAGRANCE PROJECTS FOR SENSORY STIMULATION** - Gwinnup, 1985, Potentials Development for Health and Aging Services, Buffalo.
13. **MUSIC AND MEMORIES** - Bauman, 1988, Potentials Development for Health and Aging Services, Buffalo.
14. **CREATIVE ARTS WITH OLDER PEOPLE** - 1989, Vol. 14, No. 1-2, "Activities, Adaptation and Aging (request this from NH Hospital Professional Library, 271-5422).
15. **COME AND SIT BY ME: DISCUSSION PROGRAMS FOR ACTIVITY SPECIALISTS** - Schlenger, 1988, National Health Publishing, Owings Mills, MD.
- 16.1 **AARP GADGET BOOK** - Farrar Strauss Giroux, Center for the Study of Aging, Duke U., Durham.
- 16.2 **KEEPING MINDS ALERT** - Gerontology Books, Keene, NH 357-4005.
- 16.3 **KEEPING MINDS ALERT: LET'S PLAY THE DATE** - Keene, NH 357-4005.
17. **KEEPING MINDS ALERT: NOW AND THEN** - Keene, NH 357-4005.
18. **FITNESS, VITALITY AND YOU** - Dr. Robert E. Wear New England Gerontology Center, University of NH 1977.
19. **ACTIVITIES KEEP ME GOING** - Peckham and Peckham, Otterbein Home, 1982.
20. **ACTIVITIES FOR PEOPLE WITH DEMENTING ILLNESSES** - Neila Houghton and Helen Bilodeau, 1990. The activities in the book are listed for use in more than one stage of Alzheimer's Disease.
21. **REALISTIC ALZHEIMER'S ACTIVITIES** - Madelyn Lewis-Long, 1989. Potentials development for Health and Aging Services, Inc., Buffalo, New York.
22. **ACTIVITY PLANNING AT YOUR FINGERTIPS** - Marge Knoth.
23. **ALZHEIMER'S DISEASE - (ACTIVITY-FOCUSED CARE)** - By Carly R. Hellen. Manual provides strategies, and guidelines for professional caregivers working with people with dementia.
24. **A LOVING VOICE** - A caregiver's book of Read-Aloud stories for the elderly. By Carolyn Banks and Janis Rizzo 1992 by the Charles Press, Publishers, Inc. A wonderful collection of 52 short stories and poems which will evoke happy memories and warm feelings of the past for older listeners.
25. **THE LOST CHORD - REACHING THE PERSON WITH DEMENTIA THROUGH THE POWER OF MUSIC** - Chavin, 1994 ElderSong Publications, Inc., P O Box 74, Mt. Airy, Maryland 21771.
26. **KEEPING ACTIVE - A CAREGIVER'S GUIDE TO ACTIVITIES WITH THE ELDERLY** - By Susan C. Walker - 1994 American Source Books.
27. **"I CAN CREATE, ARTS PROGRAMMING FOR PEOPLE WITH ALZHEIMER'S DISEASE AND RELATED DISORDERS"** - Legacy Health System, Caregiver's Respite Services and Very Special Arts Oregon, 1995.

28. **"THE POWER OF MUSIC, A COMPLETE MUSIC ACTIVITIES PROGRAM FOR OLDER ADULTS"** - Messenger, Bill, 1995, Health Professions Press, Baltimore, Maryland. Includes an audiotape.
29. **KEEPING BUSY** - A Handbook of Activities for persons with Dementia" Dowling, James R, the Johns Hopkins University press, Baltimore and London.
30. **YESTERDAY** - A collection of short stories, nostalgic photographs, and related programming materials for older adults. ElderSong Publications, Inc.
31. **THE POSITIVE INTERACTION PROGRAM OF ACTIVITIES FOR PEOPLE WITH ALZHEIMER'S DISEASE** - Featuring 92 Step-by-Step Activities, Nissenboim, Sylvia and Vroman, Christine, Health Professions Press, 1998.
32. **A GUIDE FOR RECALLING AND TELLING YOUR LIFE STORY** - Includes video and instruction manual. Great tool for learning more about a person and allowing reminiscence.

PUBLIC POLICY/ ELDERCARE/EMPLOYMENT/AGING

1. **AGING AND COMPETITION** - Rebuilding the U.S.Workforce, Edited by Auerbach and Welsh, 1994, The National Council on Aging.
2. **EMPLOYEES AND ELDERCARE** - Designing Responses for the workplace, Center for the Study of Aging, University of Bridgeport.
3. **AGING, RIGHTS, AND QUALITY OF LIFE** - Herr and Weber, 1999. Brookes Publishing Co. A text book designed to make more visible the human rights and the societal problems older people with retardation and other developmental disabilities. It identifies measures that ensure humane supports and a good quality of life for them.
4. **AGING, SPIRITUALITY, AND RELIGION** - Edited by Melvin A. Kimble, Susan H. McFadden, James W. Ellor, & James J. Seeber. 1995.
5. **MAYO CLINIC ON HEALTHY AGING** – Published by Mayo Foundation for Medical Education and Research, Edward T. Creagan, M.D., Editor-in-Chief, 2001. Healthy aging is neither an accident nor a random event. Healthy aging requires thoughtful planning and a commitment to a lifestyle that promotes proper nutrition, regular physical, spiritual and social activity. The author provides practical advice to successfully manage the aging process and maintain or improve the quality of your living.
6. **MAYO CLINIC ON HIGH BLOOD PRESSURE** – Copyright 1999, Mayo Foundation for Medical Education and Research, Sheldon G. Sheps, M.D., Editor-in-chief. High blood pressure is a silent illness with few or no symptoms. Yet it is a leading cause of stroke, heart attack, heart failure, kidney failure and early death. Even though there is no cure, it is not only treatable, but preventable as well. This book offers the same practical advice used daily by health care professionals at the Mayo Clinic about lifestyle and medications for individuals who have high blood pressure.
7. **Agenda for Research on Women's Health for the 21st Century Vol.1** – (1999) A report of the Task Force on the NIH Woman's Health Research Agenda for the 21st
8. **Women of Color Health Data Book** – Report published by The National Institute of Health that looks at health data of women of Hispanic, Black, Asian and Native

American background. Among the health issues discussed are: obesity, smoking, heart disease, cancer and reproductive health.

9. **SENIOR CENTER STANDARDS AND SELF-ASSESSMENT WORKBOOK** – (1990)
An early publication by the National Council on Aging, Inc. This binder includes worksheets and plans to assist those considering establishing community senior centers.
10. **SENIOR CENTERS & AT-RISK OLDER PERSONS: A NATIONAL RESEARCH AGENDA** – This “agenda” identifies questions that need to be addressed in order to understand how senior centers meet the needs of at-risk older persons and how they might do so more effectively.
11. **SENIOR CENTER FUND RAISING** – (1993) A technical assistance guide for providers of services to the aging.
12. **SENIOR CENTER FACILITY DESIGN** – (1993) A technical assistance guide for providers of services to the aging.
13. **SENIOR CENTER PROGRAMMING FOR AT-RISK OLDER PERSONS** – (1993) A technical assistance guide for providers of services to the aging.
14. **SENIOR CENTER EVALUATION** – A technical guide for providers of services to the aging.
15. **SENIOR CENTERS OF AMERICA: A BLUEPRINT FOR THE FUTURE** – (1995)
Outcomes of a national meeting convened to develop recommendations for programs, policies and funding of Senior Center Programs of the future.
16. **SENIOR CENTER STUDIES & PROGRAM EVALUATIONS** – (1995) This publication provides an overview of the results of nine studies and program evaluations – outcomes of the Challenge Grant Initiative of the National Eldercare Institute on Multipurpose Senior centers and Focal Points conducted during the second and third years of the Multipurpose Senior Centers and Community Focal Points, through a grant from the National Council on Aging. It shares the evaluations and opportunities to improve center practices.

HIV/AIDS /HEPATITIS RESOURCES

1. **AIDS IN AN AGING SOCIETY, WHAT WE NEED TO KNOW** - Riley, Ory, Zablotsky, Editors, Springer Publishing Company, N.Y., 1989.
2. **CREATING HOSPICE AT HOME FOR PEOPLE LIVING WITH AIDS: A GUIDE TO DEVELOPING COMMUNITY-BASED HOSPICE PROGRAMS** - The Community Hospice Association of Ontario, 1994.
3. **DEVELOPING AIDS RESIDENTIAL SETTING, A MANUAL** - Haskell, Satten, Franks, Martin. Visiting Nurses and Hospice of San Francisco, 1988.
4. **AIDS AND AGING, WHAT PEOPLE OVER 50 NEED TO KNOW** - A Leader’s Guide,

Health Education Associates, Strombeck, Rita, Laguna Niguel, California 1993.

5. **UNDERSTANDING AIDS, A CANADIAN STRATEGY** - Spurgeon, David, Key Porter Books, 1988.
6. **THE VIRUS IN THE STEEL, HIV/AIDS IN PRISONS** - White, Cheryl, Kingston Aids Project, Ontario, March, 1994. Manual And Participant Information Booklet.
7. **CANADIAN COMMUNITY PHARMACIES HIV/AIDS PREVENTION AND HEALTH PROMOTION RESULTS OF A NATIONAL SURVEY** – Meyers et al, AIDS Prevention.

AUDIOTAPES

- 1 **MANAGED CARE AND PERSONS WITH DISABILITIES AND CHRONIC ILLNESSES**
– A Workshop for Senior State and Local Health Officials, November 1997. Presented on behalf of the U. S. Department of Health and Human Services Agency for Health Care Policy and Research, Center for Health Information Dissemination. The User Liaison Program. Original presentation: November 5-7, 1997, Chandler, Arizona.

Revised 1/03/06